

rock trust

ENDING YOUTH HOMELESSNESS

Taking homelessness prevention upstream

*Working together to prevent family and youth
homelessness*

**Welcome and thanks for
coming along...**



Lara Balkwill

Policy and Public Affairs
Officer



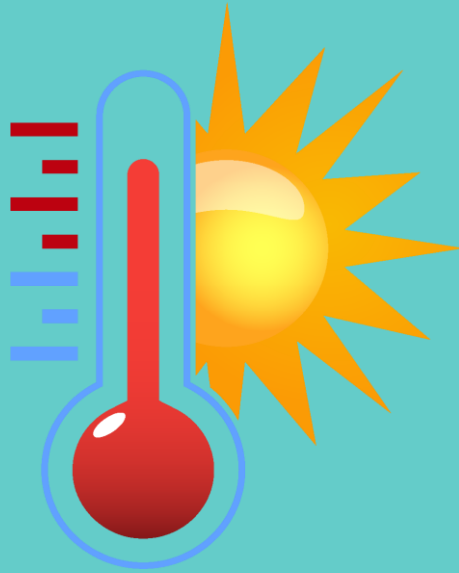
Audrey Heron

Service Manager
(West Lothian)

Learning objectives

- *I have a greater understanding of youth and family homelessness*
- *I have a greater understanding of homelessness prevention*
- *I am more confident in how to plan for prevention within my role*

*Quick temperature
check...*



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Quick quiz...

Put your hand up for
the correct stat!



What is the main cause of youth homelessness?

A, substance abuse

B, poverty

C, relationship breakdowns

In the UK, what % of young people experiencing youth homelessness identify as LGBTQ+?

A, 17%

B, 35%

C, 24%

In the UK, what % of care leavers become homeless within 2 years of leaving care?

A, 22%

B, 11%

C, 33%

How many children are currently living in temporary accommodation in Scotland?

A, 6,550

B, 9,860

C, 4,870

Approximately, what % of homeless applications in 2022-23 were made by young people?

A, 26%

B, 35%

C, 42%

In Scotland, what % of homeless households contain children?

A, 15%

B, 34%

C, 27%

What % of young people were sofa surfing before they moved into our housing?

A, 10%

B, 30%

C, 19%

What % of young people have a long-standing mental or physical health condition?

A, at least 53%

B, at least 22%

C, at least 44%

**What % of young people
accessing our services are in
work, training or education?**

A, at least 44%

B, at least 33%

C, at least 55%

Youth homelessness:

What makes it different?

Case studies



- What are the main barriers and issues I face?
- What factors have led me to feeling unstable in my living arrangements?
- What interventions could have been put in place to prevent this?

Jamie



Reflection

Now you've heard from two young people...

- Do you see any similarities or differences between the young person you discussed earlier and Jamie's experience?
- Based on these case studies, why do we think youth homelessness needs a different response?

What's
going on in
Scotland
and
beyond?



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Upstream

SCOTLAND



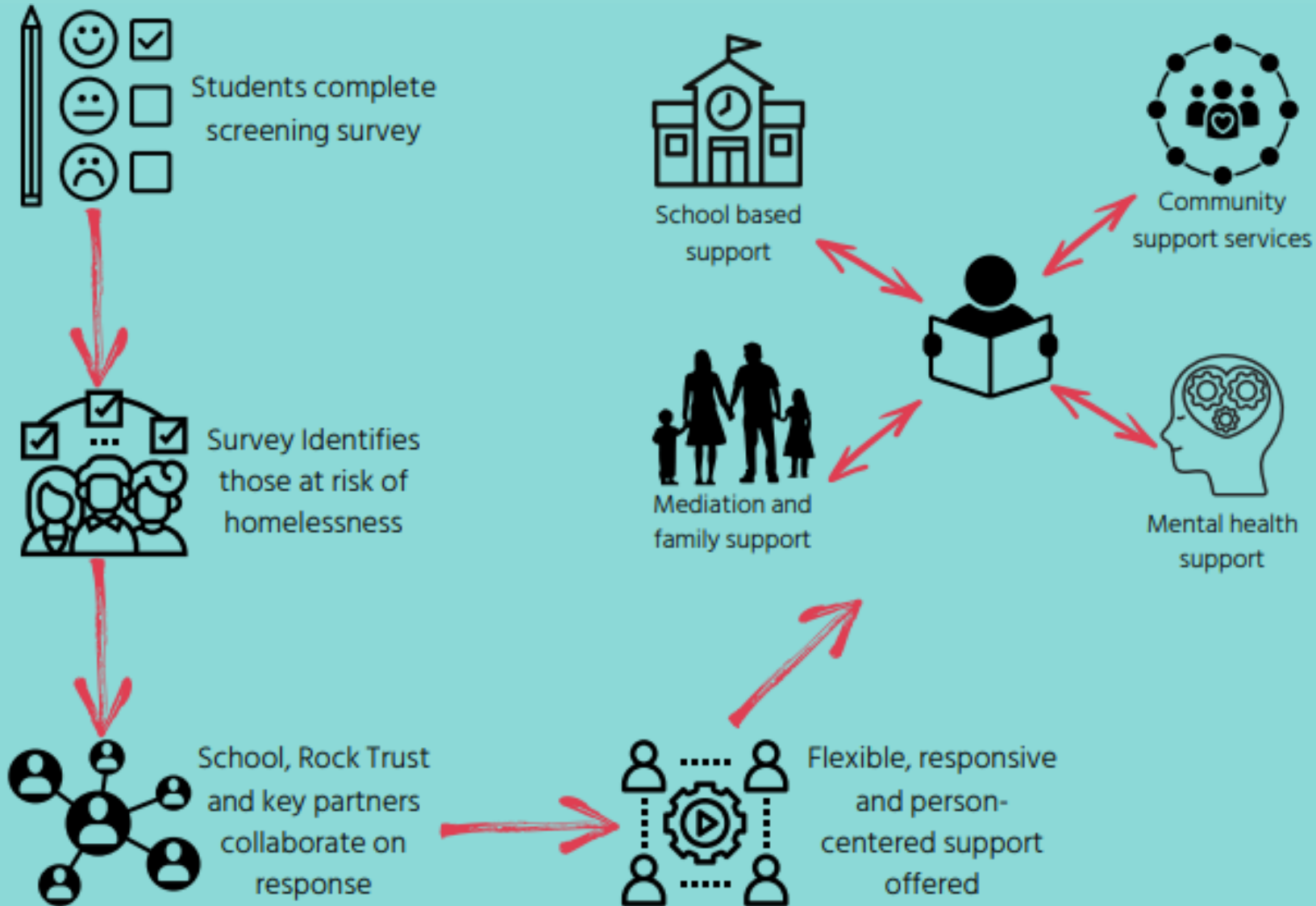
Upstream

- Pilot in Edinburgh, West Lothian and Perth
- Universal screening tool targeting full year groups S3/S4

Pupils complete a questionnaire on:

1. School Life
2. Housing
3. Wellbeing
4. Resilience

How it works



Initial Results

- **1225** Young people surveyed
- **10 – 20%** young people at risk of individual and/or family homelessness.
- **15%** in Edinburgh & **35%** in Perth & West Lothian reported **high levels of conflict at home**
- **Across all schools, 90 - 93%** reported low levels of wellbeing and many with low levels of resilience. In some year groups the scores were **close to 100%**

Closing activity

What can you do?



What have you learnt?

What do you want to know more about?

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Thank you! What next?

1. Implement your prevention idea!

2. Sign up to our newsletter...

3. Contact us...

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Audrey.Heron@rocktrust.org



**A WAY HOME
SCOTLAND**

