



Children in Scotland's Annual Conference 2024

X #CiSAC24



Headline sponsors:



kibble



Road Safety
SCOTLAND

A Welcome from our Chief Executive



What a pleasure it is to be able to welcome you to our Annual Conference.

We are in a brand new slot, moving away from November, which was becoming a particularly busy time of year for the sector. It feels like a hopeful time to have a conference, with spring in the air and fresh strawberries in the fields. This will be my second Annual Conference, and I am very much looking forward to reconnecting with those I know well, as well as meeting many new people as we welcome all our delegates, speakers and workshop facilitators from across Scotland and beyond.

The programme is looking great. There should be something for everyone working in the children's sector. The challenge will be to choose from the breadth of interesting workshops being hosted. A nice problem to have!

We couldn't do anything without the support of those who have come to exhibit. The programme shows the great range of exhibitors who have come with lots of great stuff to showcase and there is more information on the #CiSAC24 Hub.

We are immensely grateful to our sponsors. It takes a lot to put on a conference like this, and we definitely couldn't do it without them. So, a massive thanks to Kibble, Road Safety Scotland, Harmeny Education Trust and Yopa.

Changing our World, our brilliant children and young people's advisory group, have been central to the planning of the conference. Several of them will be with us across the two days. I hope you get a chance to have a conversation with them.

We are living through a challenging period. The conference should be a good chance to step back, breathe, exchange ideas and recharge the batteries so that we can do as much as possible to make Scotland a better place for our children and young people.

**Dr Judith Turbyne,
Chief Executive, Children in Scotland**

A Welcome from Changing our World

Hi! I'm a member of Changing our World (CoW), Children in Scotland's children and young people's advisory group.

CoW has the opportunity to help create projects done by Children in Scotland, interview for internal staff members and, most importantly, I get to share my opinion on the work Children in Scotland produces. My three favourite things about being a member of CoW are that I get to meet and build friendships with many other amazing young people from all over Scotland, help plan exciting events like this, and voice my opinion on lots of different topics!

Throughout the whole two days there will be an array of amazing speakers and workshops for everyone to interact in. CoW is looking forward to speaking to you all and I personally can't wait! I am most excited to see all the fabulous workshops and meet so many awesome young people and adults.

That's all from me. I hope you enjoy the conference!

**Abbie-Rose,
Changing our World**



"It's important to make connections and interact with other organisations for the benefit of all children"

Roderick

"It's a good opportunity to learn and hear about children and young people's thoughts and perspectives"

Scarlett

"Children and young people's voices are our future. The Conference is fun, exciting and full of amazing learning, where you can hear about the current discussions and work around children and young people"

Shaun



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Conference sponsors

Our thanks go to Kibble, Road Safety Scotland, Harmeny Education Trust and Yopa for helping us to deliver our flagship children's sector conference.

Headline sponsors



Associate sponsors



- 9.00** Registration, refreshments and exhibition
- 9.35** **Welcome from our Chairs**
Nicola Killean, Children and Young People’s Commissioner | Mhairi, member of Changing our World
- 9.55** **Keynote from Children in Scotland – Challenges and optimism in the charity sector: A view from the CEO**
Dr Judith Turbyne, Chief Executive, Children in Scotland
- 10.15** **Keynote – Courageous leadership for a safer tomorrow: preventing violence in Scotland**
Jimmy Paul, Head of the Scottish Violence Reduction Unit
- 10.40** Morning tea & coffee

11.10 Workshop session 1

1a: When young people are risky, complex or ‘stuck’. A case study of integrative working

Kibble
Room: Main Stage, President’s Suite



1b: Learn with LUNA: engaging young people

The LUNA Project
Room: Moncreiff 3



1c: The lowdown on life after school: Exploring transitions for young people with ASN

ARC Scotland – Scottish Transitions Forum
Room: Moncreiff 2



1d: All behaviour is communication: distressed behaviour and support at school

Enquire
Room: Cap & Thistle Suite



1e: Leading by listening: A playful approach

University of Dundee and Redwell Primary School
Room: Centenary Club



12.30 Panel discussion | Children’s Rights and AI: implications and opportunities for the future

Moderator: Ken Corish, South West Grid for Learning
Panelists: Gregory Metcalfe, Children’s Parliament | Dr Mhairi Aitken, The Alan Turing Institute | Steph Wright, The Data Lab

1.10 Lunch, networking and exhibition

2.20 Workshop session 2

2a: Our story of change: Making brave choices and investing in services to #KeepThePromise

Harmeny Education Trust
Room: Main Stage, President’s Suite



2b: Supporting healthy weight in Scotland’s children

Obesity Action Scotland
Room: Moncreiff 3



2c: Fetal Alcohol Spectrum Disorder: FASD makes me, me!

FASD Hub Scotland (Adoption UK)
Room: Moncreiff 2



2d: A day in the life of a young carer

Carers Trust Scotland
Room: Cap & Thistle Suite



2e: Growing emotionally connected young men

Boys to Men mentoring – Lockerbie Academy
Room: Centenary Club



3.30 Afternoon tea & coffee

3.50 Keynote – Adversity: A challenge or an opportunity?
Molly Cuddihy, Youth Ambassador for the Glasgow Children’s Hospital Charity

4.15 Conclusions (conference closing at 4.45)

Conference themes

-  Additional support needs
-  Behaviours
-  Health
-  Inclusion and diversity
-  Participation
-  Poverty



Workshop session 1 (11.10 - 12.20)

Select ONE of the following five learning sessions (1a, 1b, 1c, 1d, or 1e):

1a: When young people are risky, complex or 'stuck'. A case study of integrative working

Kibble | Headline sponsor

This workshop will explore what works for young people that require highly intensive services. Find out about the Kibble model and the range of services offered to children and young people. Explore how integrated services can help develop therapeutic environments. There will be discussions, case studies and debate!

Main stage, President's Suite



1b: Learn with LUNA: engaging young people

The LUNA Project

Participation is becoming a bit of a buzzword just now! In this workshop we want to think with you about what good and meaningful engagement and participation is, drawing on our collective experience as a group of disabled young people, and to give you the tools and confidence to move forward and get started or refine your participation work!

Moncreiff 3



1c: The lowdown on life after school: Exploring transitions for young people with ASN

ARC Scotland – Scottish Transitions Forum

This co-designed and delivered interactive workshop aims to shed light on the crucial transition period when young people with additional support needs leave school and step into adulthood. The session will emphasise the importance of getting this transition right to empower and support young people in achieving their goals. Participants will engage in discussions, activities, and breakout sessions to explore key aspects of the transition process.

Moncreiff 2



1d: All behaviour is communication: distressed behaviour and support at school

Enquire

Focusing on working together, this workshop creates space to discuss the difficulties surrounding behaviour in schools, its intersection with additional support needs, and what can help. The Enquire team will share learning from their work, including insights from Scotland's Inclusion Ambassadors, and facilitate an exploration of good practice in behaviour management. Attendees will have the opportunity to contribute to new work from Enquire which aims to provide advice and information on managing behaviour in schools.

Cap & Thistle Suite

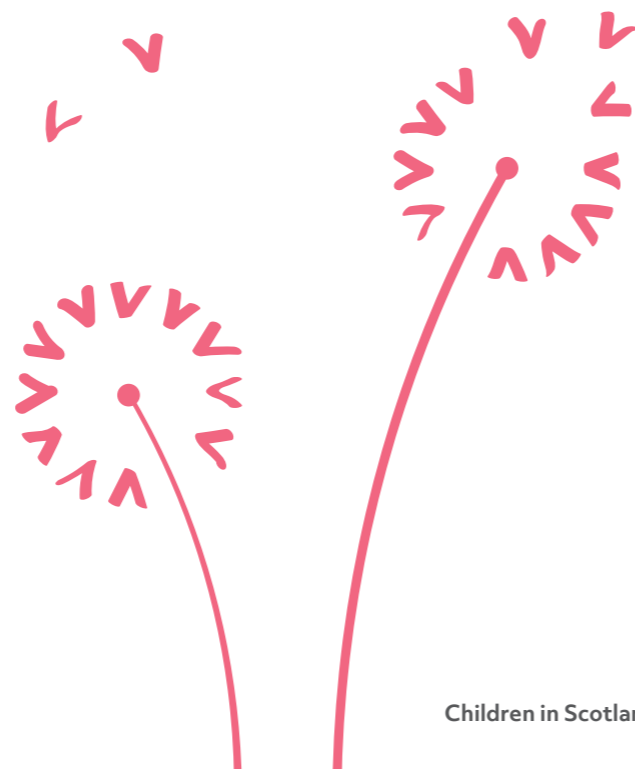


1e: Leading by listening: A playful approach

University of Dundee and Redwell Primary School

The 'Leading by listening through play' framework will be presented during this workshop led by Dr Lynsey Burke from the University of Dundee, and staff and children from Redwell Primary School. Staff will share their perspectives on using the framework and incorporating playful methods to capture and amplify children's voices on their play and learning. We will be able to 'see through the child's eyes' and hear from children about their experiences and reflections on this process and discover the children's views regarding how they would like to be listened to in the future.

Centenary Club



Workshop session 2 (2.20 - 3.30)

Select ONE of the following five learning sessions (2a, 2b, 2c, 2d, or 2e):

2a: Our story of change: Making brave choices and investing in services to #KeepThePromise

Harmeny Education Trust | Associate sponsor

Building on interviews with former Harmeny pupils, this workshop delves into good practice in relation to transitions and keeping in touch, and explores the impact of the promise on residential services. This will include an exploration of the risks, challenges and opportunities in relation to implementing the promise and how Harmeny has enhanced their services as a response. Participants will reflect on how they can develop their services to ensure continuity of care and aftercare, and thereby keep the promise.

Main Stage, President's Suite



2b: Supporting healthy weight in Scotland's children

Obesity Action Scotland

Learn how healthy weight changes throughout childhood and how inequalities influence weight outcomes over time. Hear the outputs of a workshop conducted with young people about how they view unhealthy food and drink advertising. Consider the policy work that is being undertaken to support a healthier future for children in Scotland.

Cap & Thistle Suite



2c: Fetal Alcohol Spectrum Disorder: FASD makes me, me!

FASD Hub Scotland (Adoption UK)

This session includes a brief introduction to Fetal Alcohol Spectrum disorder, and how it affects individuals. It will focus around a short animation created by those with lived experience and include discussion, a Q&A and signposting to supports available for families and professionals. It will be co-led by young people with FASD and the FASD Hub Scotland team.

Centenary Club



2d: A day in the life of a young carer

Carers Trust Scotland

Hear from young carers and their lived experiences directly in this workshop before engaging in an interactive game developed by young carers in conjunction with staff. The young carers media ambassadors have developed a short video on mental health support for young carers in addition to a new young carers mental health toolkit.

Moncreiff 3



2e: Growing emotionally connected young men

Boys to Men Mentoring – Lockerbie Academy

We will explore why our mentoring project from Lockerbie Academy has been recognised by Education Scotland as best practice for health and wellbeing. Our B2M mentors will describe the project and describe what they have gained from taking part. They will explain why they believe it is important for young men to be given the opportunity to talk about their emotions and have adults listen to their needs. We will share the impacts we have seen as a school, on attendance, attainment and positive destinations. The boys will take participants through a typical lesson, an emotional check in and learning activity.

Moncreiff 2



Harmeny Education Trust
A place to live, a space to thrive

Harmeny provides specialist therapeutic care and education on a residential and day basis for children aged 5-18 who have been impacted by trauma.

We are now taking new primary age referrals.

To learn more or to discuss a referral, call **0131 4493938** or email **referrals@harmeny.org.uk**

www.harmeny.org.uk | @harmenyed

Registered in Scotland No. SC162021. Scottish Charity No. SC024256.








Conference programme **Day Two** | Thursday, 30 May

- 9.00 Registration, refreshments and exhibition**
- 9.35 Welcome from our Chairs**
Steven Sweeney, Chief Executive, Voluntary Action South Lanarkshire & Board Convenor, Children in Scotland | Olive, member of Changing our World
- 9.55 Keynote – Seeking safety and sanctuary: self-care in challenging times**
Amal Azzudin, Activist and freelancer
- 10.15 Keynote**
Natalie Don MSP, Minister for Children, Young People and Keeping the Promise
- 10.40 Morning tea & coffee**

11.00 Workshop session 3






<p>3a: Kooth.com – digital mental health and wellbeing support in Scotland Kooth Room: Main Stage, President's Suite</p> 	<p>3b: Towards a more diverse Scotland: Elevating young voices Multi-Cultural Family Base Room: Moncreiff 3</p> 	<p>3c: The Allies Project: supporting unaccompanied asylum-seeking children Guardianship Scotland, Aberlour Children's Charity Room: Moncreiff 2</p> 	<p>3d: Sharing young people's voices and telling stories Braw Talent CIC Room: Cap & Thistle Suite</p> 	<p>3e: Trauma from a child's perspective With Kids Room: Centenary Club</p> 
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12.10 Workshop session 4

<p>4a: Neurodivergency and sensory processing: experience our world Three Sisters Consultancy Room: Main Stage, President's Suite</p> 	<p>4b: Understanding animal abuse and how to intervene with children and young people Scottish SPCA Room: Moncreiff 3</p> 	<p>4c: Suicide prevention and creating hope Suicide Prevention Youth Advisory Group Room: Moncreiff 2</p> 	<p>4d: Paying the Price: the cost to families of imprisonment Families Outside Room: Cap & Thistle Suite</p> 	<p>4e: Relationship based practice: new online learning from OU and STAF The Open University in Scotland and STAF Room: Centenary Club</p> 
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1.10 Lunch, networking and exhibition

2.20 Workshop session 5

<p>5a: Live Music and Mental Health: exploring co-design Children in Scotland in partnership with University of Stirling and Scottish Ensemble Room: Main Stage, President's Suite</p> 	<p>5b: SAFE/ IVY: Interventions for children and young people who harm and who have been harmed Kibble Room: Moncreiff 3</p> 	<p>5c: Taking homelessness prevention upstream: Working together to prevent family and youth homelessness Rock Trust Room: Moncreiff 2</p> 	<p>5d: Youth leadership: youth-led research & youth governance OPEN Room: Cap & Thistle Suite</p> 	<p>5e: Incorporating children's rights into an education setting Firrhill High School Room: Centenary Club</p> 
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3.20 Afternoon tea & coffee

- 3.40 From our associate sponsor**
Anthony Conroy, Head of Scotland, Yopa Property
- 3.45 Keynote – Tackling inequalities in childhood: The role of nature**
Dr Alexia Barrable, Lecturer in Psychology and Education, Queen Margaret University, Edinburgh
- 4.05 Conclusions** (conference closing at 4.45)

Conference themes

-  Additional support needs
-  Behaviours
-  Health
-  Inclusion and diversity
-  Participation
-  Poverty

#CiSAC24

Workshop session 3 (11.00 - 12.00)

Select ONE of the following five learning sessions: (3a, 3b, 3c, 3d, or 3e):

3a: Kooth.com – digital mental health and wellbeing support in Scotland

Kooth

Our workshop will take you through a young person's journey of being supported on our online mental health and wellbeing platform - Kooth.com. Explore different support features that can be accessed on our platform, learn about emotional expression through journalling and experience a grounding exercise to support you in creating your own therapeutic space. Learn about Kooth whilst taking away tools for you and those you work with.

Main Stage, President's Suite 

3b: Towards a more diverse Scotland: elevating young voices

Multi-Cultural Family Base

Explore the work Multi-Cultural Family Base and the challenges (and priorities!) of the diverse young people they support. Delve into understanding culturally competent practice and how professionals can work to reduce barriers to support for children and young people.

Moncreiff 3 

3c: The Allies Project: supporting unaccompanied asylum-seeking children

Guardianship Scotland, Aberlour Childcare Trust

The Allies Project is a psychosocial group intervention for unaccompanied asylum-seeking children and trafficked young people to build individual and community resilience. This workshop will explore how this intervention teaches young people coping strategies to help manage symptoms of trauma, anxiety and stress. Working together we help young people understand how their experiences impact their feelings of safety, relationships, identity and access to justice.

Moncreiff 2 

3d: Sharing young people's voices and telling stories

Braw Talent CIC

This hands-on workshop will focus on sharing the voices of young people and telling their stories through design, filmmaking, and animation. Attendees will be lead through creating their own stop motion film to tell a short story.

Cap & Thistle Suite 

3e: Trauma from a child's perspective

With Kids

As professionals who work with children, trauma informed training helps us understand the physical and psychological impact of trauma. But how is trauma viewed from the child's perspective? Using children's stories from Play Therapy, use a new self-reflective tool, R.O.A.R ©, to explore the impact of hearing traumatic stories on a professional and personal level. This innovative workshop aims to transform how you think about trauma by Recognising triggered emotions, Observing the physical sensation, Accepting not avoiding how it feels and generating an alternative way to Respond and support the children you are working with.

Centenary Club 

Workshop session 4 (12.10 - 1.10)

Select ONE of the following five learning sessions (4a, 4b, 4c, 4d, or 4e):

4a: Neurodivergency and sensory processing: experience our world

Three Sisters Consultancy

In this immersive workshop, the neurodivergent facilitators will explore how neurodivergency can affect a child's experience of sensory processing. We will explore the anatomy of the brain, sensory seeking and avoiding behaviours and have an immersive experience to truly understand what sensory overload can feel like.

Main Stage, President's Suite 

4b: Understanding animal abuse and how to intervene with children and young people

Scottish SPCA

This workshop will highlight the often unrecognised link between animal abuse and violence towards humans. There has been a recent change in the UNCRC where the General Comment 26 now includes that "Children must be protected from all forms of physical and psychological violence and from exposure to violence, such as domestic violence or violence inflicted on animals". Witnessing animal abuse has also been included in the Online Safety Act 2023. This workshop will provide an opportunity to reflect on what this means to you, and the children and young people you support.

Moncreiff 3 

4c: Suicide prevention and creating hope

Suicide Prevention Youth Advisory Group

This workshop will focus on Children in Scotland and University of Stirling's work with the Suicide Prevention Youth Advisory Group. The interactive session will be led by members of the Youth Advisory Group with staff from the project. The group will discuss what works for children and young people who have experience of suicidality or a bereavement by suicide. This will include a focus on the importance of the Time, Space, Compassion approach and supports the delivery of Creating Hope Together, Scotland's suicide prevention strategy.

Moncreiff 2 

4d: Paying the Price: the cost to families of imprisonment

Families Outside

Imprisonment of a family member is associated with serious financial consequences for children and families. This workshop will demonstrate the role of imprisonment in creating, sustaining and deepening poverty before exploring key policy and practice solutions that support impacted children and families.

Cap & Thistle Suite 

4e: Relationship based practice: new online learning from OU and STAF

The Open University in Scotland and Scottish Throughcare and Aftercare Forum (STAF)

Open University academics and STAF colleagues will facilitate an interactive workshop to demonstrate our new Relationship Based Practice e-learning course. Our workshop will include the chance to review the new course, add relevant feedback to our approach and take part in a discussion on wider themes around the Relationship Based Practice approach.

Centenary Club 

Join us in Membership

As a member you'll be part of a network of people who share our vision that all children in Scotland have an equal chance to flourish.

Benefits of membership include:

- Free and discounted training
- Our bi-annual Members' magazine, *Insight*
- Free recruitment advertising
- Influencing and networking opportunities.



"Our membership not only enables us to take advantage of the many great benefits it provides, but it also stands as a statement that we work in partnership and share the same aspiration for Scotland's children from the moment they are born"

Jane Brumpton
Chief Executive, Early Years Scotland

For more information and details of benefits, visit: childreninscotland.org.uk/membership

Workshop session 5 (2.20 - 3.20)

Select ONE of the following five learning sessions: (5a, 5b, 5c, 5d, or 5e):

5a: Live Music and Mental Health: exploring co-design approaches

Children in Scotland in partnership with University of Stirling and Scottish Ensemble

This workshop will explore key learning around creativity, co-production and evaluation techniques from a recent project engaging with children and young people and professionals. The workshop will include a music performance, presentations, and a short panel discussion.

Main Stage, President's Suite



5b: SAFE/ IVY: Interventions for children and young people who harm and who have been harmed

Kibble

This workshop will introduce Kibble's community projects SAFE and IVY (Interventions for Vulnerable Youth) which are both free to access Scottish Government Funded Services providing therapeutic intervention for young people. This will include details of their processes and considerations around what works with these vulnerable groups. Reflection on your practice will be encouraged as young people's ideas are integrated into the workshop to help you think about what you currently do and maybe what you need to do more of.

Moncreiff 3



5c: Taking homelessness prevention upstream: Working together to prevent family and youth homelessness

Rock Trust

Youth homelessness is on the rise for the first time in ten years in Scotland, and this workshop will explain the causes, what makes it unique and how we can prevent it. We will share insights from young people with lived experience and learnings from the services supporting them. Well-planned prevention can help young people to avoid homelessness, and we will reflect on ways you can build in preventative measures into your role and organisation.

Moncreiff 2



5d: Youth leadership: youth-led research & youth governance

OPEN

Follow OPEN's journey from a small youth-led peer education project to a now independent and youth-governed charity. This workshop, led by young people from Shetland, will delve into what youth leadership means, understanding youth-led peer research, and how to transition from youth-led to youth-governed.

Cap & Thistle Suite



5e: Incorporating children's rights into an education setting

Firrhill High School

Young people from Firrhill's UNICEF Rights Respecting Schools Equalities group will lead this workshop discussing their children's rights journey. For the past six years Firrhill High School has developed a strongly embedded approach to upholding the rights of the child through their curriculum, policies, and practice. Follow real-life examples and how a rights-based approach can strengthen relationships between adults and children, and improve work around equalities, wellbeing, and disability rights.

Centenary Club



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Yopa is proudly supporting Children in Scotland

Children and young people's involvement at the Annual Conference

At Children in Scotland, we believe in inclusion and working in partnership. The participation of children and young people inspires us and is central to achieving our vision. Living up to our values, our Annual Conference has been co-designed by children and young people, directly involving their voices, experiences and expertise in all aspects of the event.



100% of workshops incorporated children's views in their development



A young person is co-chairing each day of the conference and one of our keynotes is being delivered by a young person



30% of workshops are co-presented by children and young people



40% of keynote speeches have been created in conversation with Changing our World, Children in Scotland's young people's advisory group



We appreciate this is a big event! We encourage you to be gentle with yourselves to ensure you have the best possible experience.

If you need to take a break at any point, you're welcome to make use of the Quiet Space, visit the Conversation Corner or use the exhibition area.



Exhibitor and sponsor details

Our lively Exhibition Hall is the perfect place for delegates to make connections across the children's sector and beyond.



ALISS (A Local Information System for Scotland)

✉ hello@aliss.org | ✉ @alissprogramme
aliss.org

ALISS (A Local Information System for Scotland) is a national digital programme enabling people, including families and professionals supporting them, to find and share information on resources, services, groups, and support in their local communities and online. ALISS is funded by the Scottish Government and is part of the wider Health and Social Care Alliance Scotland (the ALLIANCE).



Aspris Children's Services

✉ asprisscotlandservices@aspris.co.uk | 📞 /helloaspris | 🌐 /company/helloaspris
0808 258 7443
aspris.co.uk

Situated across Ayrshire and the surrounding countryside, Aspris Scotland Services provides care and education for young people aged 8 to 18 years with a range of needs, including ASD, PDA, CSE and SEMH needs.

Radio City School is rated 'Good' by Education Scotland and our homes provide high-quality care in safe and nurturing environments.



Babyfaced Baker (Thursday 30 May only)

✉ babyfacedbaker@gmail.com | 📞 /babyfacedbaker | 📷 @babyfacedbaker
babyfacedbaker.com

Babyfaced Baker is a multiple award winning bakery based in the heart of Leith, Edinburgh specialising in cinnamon buns, stuffed cookies and vegan pastry. Our Leith Walk bakery is open 7 days a week and we ship our bakes UK wide every week.



Braw Talent

✉ hello@brawtalent.org | 📷 @brawtalent | 🌐 /company/brawtalent | ✉ @BrawTalent
brawtalent.org

Braw Talent is a creative agency which uses filmmaking, animation and visual arts to tell the stories of marginalised young people and the organisations that support them. We are dedicated to making creative career pathways more accessible to ALL young people through providing bespoke creative activities which allows the voice of the young person to authentically and clearly shine through.



Carers Trust

✉ Scotland@carers.org | 📞 Carers Trust Scotland | ✉ @CarersTrustScotland
0300 772 7701
carers.org

Carers Trust Scotland works to transform the lives of unpaid carers including young carers. We partner with our network of local carer organisations to provide funding and support, deliver innovative and evidence-based programmes, raise awareness, and influence policy.

Our vision is that unpaid carers are heard and valued as well as freely having access to support, advice and resources to enable carers to live fulfilled lives.

Road Safety Learning for Life



Road Safety SCOTLAND

Road safety is an integral part of our lives. Most of us use the road network on a regular, if not daily basis. It is, therefore, vitally important to ensure we all have the necessary skills to use our roads safely to minimise the risk of injury.

The Road Safety Framework to 2030, sets out a compelling long term vision for road safety, 'Vision Zero', in which there are no fatalities and injuries on Scotland's roads by 2050. The key to achieving this vision is collaboration. Road Safety Scotland (RSS) has a responsibility for road safety learning and work with many partners across Scotland to ensure road safety is seen as a lifelong skill. RSS has produced a suite of high-quality, free, online road safety learning resources for all ages and stages of a child's learning for ages 3-18 years. All are linked to Curriculum for Excellence (CfE) and provide a diverse range of learning opportunities which have been designed, in collaboration with education specialists, to be both interdisciplinary and immersive, helping young people develop attitudes and behaviours which will help keep them safe now and in later life.

The example we set as the road users of today, will greatly influence the type of road users our young people will become in the future. Road safety is everyone's responsibility so we need to be good role models and lead by example. If we all play our part individually, collectively we can proactively shape better road safety outcomes for future generations and make Scotland's roads safer for all.



Visit roadsafety.scot



Child Bereavement UK

✉ enquiries@childbereavementuk.org | 📞 Child Bereavement UK
📷 @Childbereavementuk | ✉ @cbuk_scot and @cbukhelp
0800 02 888 40
childbereavementuk.org

Child Bereavement UK helps families to rebuild their lives when a child grieves or when a child dies. We support children and young people (up to the age of 25) when someone important to them has died or is not expected to live, and parents and the wider family when a baby or child of any age dies or is dying. We provide training to professionals in health and social care, education, and the voluntary and corporate sectors, equipping them to provide the best possible care to bereaved families.



Children in Scotland – Policy, Projects & Participation

✉ dyule@childreninscotland.org.uk (David Yule) | 🌐 Children in Scotland
✉ @ChildreninScot
childreninscotland.org.uk

Giving all children in Scotland an equal chance to flourish is at the heart of everything we do. Children in Scotland works with children, young people, families and professionals to influence policy and practice. We champion children's rights throughout our work and collaborate with others to achieve positive change. Our stand at the annual conference will explore participation and engagement work with children and young people, with a particular focus on Article 12 of the UNCRC.



Coalition of Care & Support Providers in Scotland (CCPS)

✉ cypolicy@ccpscotland.org | ✉ [@ccpscotland](https://twitter.com/ccpscotland)

0131 475 2676

ccpscotland.org

CCPS is the voice of not-for-profit social care providers in Scotland.

Our vision is for people and communities to thrive with the support of a right-based, sustainable system of social care and support.

CCPS's policy work includes identifying issues of interest and concern to providers of services for children and young people, with a particular focus on family support investment.



Cosy

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cosydirect.com

Cosy is the home of New Ideas, continually innovating and developing our product range with teacher led research and play in mind. Champions of rural and real-life childhoods, where children are encouraged to play and take part in activities that enable them to learn and develop whilst having fun. We have a range of over 2000 unique Cosy Exclusive products.



CPOMS Safeguarding and Wellbeing Solution for Schools

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cpoms.co.uk | cpoms.co.uk/cpomss-book-a-demo

CPOMS gives schools the power to uphold and enhance their Safeguarding initiatives. Completely customisable, the software also helps lessen the burden on staff to manage administrative tasks so schools can gain efficiency. CPOMS helps schools confidently demonstrate their Safeguarding systems and processes and provide clear, effective and secure record-keeping.



Craigalbert Centre – The Scottish Centre for Children with Motor Impairments

✉ admin@craigalbert.org.uk | [/craigalbertcentre](https://www.facebook.com/craigalbertcentre) | [@craigalbert_centre](https://www.instagram.com/craigalbert_centre)

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01236 456100

craigalbert.org.uk

Enabling children from birth to 19 years in Scotland with neurological conditions to achieve their potential and fulfil their ambitions through delivery of integrated learning, therapy and care services and training. Providing a range of child- and family-centred programmes delivered by highly specialist physiotherapists, occupational therapists, speech and language therapists, teachers and learning, care and therapy practitioners.



East Park

✉ enquiries@eastpark.org.uk | [/eastpark.glasgow](https://www.facebook.com/eastpark.glasgow) | [@eastparkglasgow](https://www.instagram.com/eastparkglasgow)

✉ [@EastParkGlasgow](https://twitter.com/EastParkGlasgow)

0141 946 2050

eastpark.org.uk

Established in 1874, East Park has been dedicated to serving children and young people with additional support needs, including autism. Our commitment to excellence is evident in our collaborative approach that prioritizes the well-being of each individual, working closely with both each child and family. With state-of-the-art facilities, we continuously enhance our services and skills to support children throughout Scotland.



Fast Forward

✉ admin@fastforward.org.uk | [company/fast-forward-org](https://www.linkedin.com/company/fast-forward-org) | ✉ [@fastforwardorg](https://twitter.com/fastforwardorg)

07762 983 593

fastforward.org.uk

Fast Forward is Scotland's national youthwork organisation specialising in risk-taking behaviours, prevention and early-intervention.

We work with children, young people in formal and informal education settings, to promote the health and wellbeing of young people through education and training, towards positive destinations and achieving their full potential, fulfilling lives and contributing to their community.



Harmeny

✉ admin@harmeny.org.uk (general enquiries) | referrals@harmeny.org.uk (referral enquiries) | recruitment@harmeny.org.uk (recruitment enquiries) | [/HarmenyEd](https://www.facebook.com/HarmenyEd)

[@harmenyed](https://www.instagram.com/harmenyed) | [Harmeny Education Trust](https://www.linkedin.com/company/harmeny-education-trust) | ✉ [@harmenyed](https://twitter.com/harmenyed)

0131 449 3938

harmeny.org.uk

Harmeny offers therapeutic residential care and education to children aged 5-18 years, as well as day education for young people in primary and secondary years. Our school and cottages are all based on one campus, on the outskirts of Edinburgh. We believe that giving children a nurturing space to grow and develop means they can flourish and fulfil their potential.



Independent Living Fund

✉ enquiries@ifl.scot | [/IndependentLivingFundScotland](https://www.facebook.com/IndependentLivingFundScotland) | [@iflscotland](https://www.instagram.com/iflscotland)

[company/ifl-scotland](https://www.linkedin.com/company/ifl-scotland) | ✉ [@ILFScotland](https://twitter.com/ILFScotland)

0300 200 2022

ifl.scot

ILF Scotland provide financial support to ensure over 3,000 disabled people in Scotland and Northern Ireland have the ability to live independently. Our Transition Fund allows young, disabled people to try new activities and experiences that will help them become engaged and active in their community, enhance independence and confidence, help them spend more time with other people and #TrySomethingNew.



Kibble

✉ communications@kibble.org | [@kibblecharity](https://www.instagram.com/kibblecharity) | ✉ [@KibbleCharity](https://twitter.com/KibbleCharity)

0141 889 0044

kibble.org

Kibble is a specialist child and youth care charity and leading social enterprise that supports at risk children and young people (aged 5-26) across the UK.

Many of the young people we care for have experienced trauma and/or adversity, therefore, using a therapeutic, trauma-informed approach we empower young people through care, education and support to open opportunities and create positive futures.



Kooth

✉ ask@kooth.com | [company/koothplc](https://www.linkedin.com/company/koothplc) | ✉ [@kooth_plc](https://twitter.com/kooth_plc)

koothplc.com

Kooth.com is a safe, anonymous online mental health and wellbeing platform for children and young people. Available 365 days a year Kooth provides a full mental health toolkit – giving young people the opportunity to choose the kind of support that works for them: online counselling, pre-moderated community support and self-help tools and resources.

Leckie

✉ lizzi.jones@harpercollins.co.uk | [/LeckieforScotland](https://www.facebook.com/LeckieforScotland) | [@LeckieScotland](https://twitter.com/LeckieScotland)
leckiescotland.co.uk

Leckie publishes resources to support schools with their teaching and students with their revision, with books from Early Level right through to Advanced Higher in over 20 subjects.



Man on!

✉ support@manoninverclyde.co.uk | [/ManOnInverclyde](https://www.facebook.com/ManOnInverclyde) | [@ManOnInverclyde](https://www.instagram.com/ManOnInverclyde)
[@ManOnSCIO](https://twitter.com/ManOnSCIO)
manoninverclyde.co.uk

Man On! is a suicide prevention, mental health and wellbeing support organisation based in Greenock, Scotland. We support young people and adults with a variety of issues, from suicide prevention, safety plan, social education and training on key areas such as ASIST and safeTALK. We pride ourselves on a trauma-informed and responsive approach, providing early support to our community and beyond. We work hard to make seeking support easy, and have supported over 800 people since 2020 with this approach.



Mellow Parenting

✉ raquib@mellowparenting.org (Raquib Ibrahim) | [/mellowparenting](https://www.facebook.com/mellowparenting)
[/company/mellow-parenting](https://www.linkedin.com/company/mellow-parenting) | [@mellowparentingorg](https://www.instagram.com/mellowparentingorg) | [@MellowParenting](https://twitter.com/MellowParenting)
0141 445 6066
mellowparenting.org

Our vision is for every child, wherever they are in the world, to be part of a safe and nurturing family. Mellow Parenting has made it our mission to make this a reality through upskilling the early years workforce in our relationship-based parenting programmes that promote responsive caregiving, enhance parental wellbeing, foster positive parent-child relationships, and ultimately improve child outcomes from pre-birth to pre-school.



Giving young people a chance at life

Kibble is a specialist child and youth care charity and leading social enterprise that supports at-risk children and young people (aged 5-26) across the UK.

We empower young people and families through **care, education and support** to open opportunities and create positive futures. Our services span residential care, primary, secondary and tertiary education, an education day hub, secure care, fostering, therapeutic support, community-based services and housing support.

Find Out More

If you'd like to learn more about Kibble's services, or to discuss a referral, please contact us on 0141 889 0044 or email referrals@kibble.org
www.kibble.org | [@KibbleCharity](https://twitter.com/KibbleCharity) | [KibbleGroup](https://www.facebook.com/KibbleGroup)



Kibble's Annual Conference 2024

Scan here to learn more and register interest.



Kibble Education and Care Centre: Scottish Charity No SC026917 Registered in Scotland No 158220



Moore House Group

✉ info@moorehouse.org.uk | [/MooreHouseCare](https://www.facebook.com/MooreHouseCare) | [@moorehousecare](https://www.instagram.com/moorehousecare)
[@MooreHouseCare](https://twitter.com/MooreHouseCare)
01506 401 700
moorehousegroup.org.uk

Established over 35 years ago, the Moore House Group provides a continuum of personalised pathways of residential care, fostering, education, and therapeutic interventions for children and young people throughout Scotland



Nikki's Bakehouse (Wednesday 29 May only)

✉ nikkibakes@icloud.com
[/NikkisBakehouse](https://www.facebook.com/NikkisBakehouse) | [@nikki_bakes_2024](https://www.instagram.com/nikki_bakes_2024)

Nikki's Bakehouse is a Family run business catering for all dietary needs. Using the most fresh ingredients we aim to give our clients a real 'home made feeling'. Recently there has been a huge increase in vegan and coeliac dietary requirements and they shouldn't have to miss out on great tasting foods. Providing delicious hot and cold filled rolls/sandwiches, tasty sweet treats, a range of beautifully filled pies and a wide range of drinks, hot and cold, we have something for everyone. Nikki's bakehouse aims to cater for everyone, for every occasion.



The Open University in Scotland

✉ page.munro@open.ac.uk | [/OpenUniversityinScotland](https://www.facebook.com/OpenUniversityinScotland) | [@theopenuniversity](https://www.instagram.com/theopenuniversity)
[@OUScotland](https://twitter.com/OUScotland)
open.ac.uk

The Open University in Scotland is the largest provider of part-time undergraduate higher education in Scotland. We are a world leader in providing innovative and flexible distance learning opportunities. We were founded over 50 years ago with a clear purpose: to open up education to all. Our mission is to be open to people, places, methods and ideas.



People

✉ info@peeples.org.uk | [/peeples/centre](https://www.facebook.com/peeples/centre) | [@peeplescentre](https://www.instagram.com/peeplescentre) | [/company/peeples](https://www.linkedin.com/company/peeples)
[@peeplescentre](https://twitter.com/peeplescentre)
01865 395145
peeples.org.uk

Our charity Peeples supports parents/carers to improve their young children's life chances and narrow the attainment gap, by making the most of everyday learning opportunities. We develop Peep programmes and qualifications which support parents as their children's first educators. Peeples train and support practitioners around the UK and beyond to use our Peep programmes with families.



Pets As Therapy

✉ scotlandhub@petsastherapy.org | [/petsastherapy](https://www.facebook.com/petsastherapy) | [@petsastherapy_uk](https://www.instagram.com/petsastherapy_uk)
[/company/pets-as-therapy](https://www.linkedin.com/company/pets-as-therapy) | [@PetsAsTherapyUK](https://twitter.com/PetsAsTherapyUK)
07523 687007
petsastherapy.org

Pets As Therapy (PAT) is a national charity that enhances the health and wellbeing of thousands of people in communities across the UK. We strive to ensure that everyone, no matter their circumstances, has access to the companionship of an animal. Our volunteers and their temperament-assessed pets visit establishments such as care homes, hospitals, hospices, schools and prisons, and bring smiles to many faces.



Play Scotland

✉ cheriemorgan@playscotland.org | [f/nationalplayorganisation](https://www.facebook.com/nationalplayorganisation) | [x@PlayScotland](https://twitter.com/PlayScotland)
07738 238448

[playscotland.org](https://www.playscotland.org)

Play Scotland works strategically and with partners to promote the importance of play for children's development. We work to support play at home, in early learning and childcare, in school, and in the community.

Play Scotland is the national:

- expert in play for parents, providers, the play workforce and policy makers
- custodian and voice for children and the play sector
- leader and campaigner for the importance of quality, accessible free play
- expert in developing and delivering strategic planning for play and play sufficiency assessments.



Public Health Scotland

0345 646 0238

[publichealthscotland.scot](https://www.publichealthscotland.scot)

As Scotland's national public health body, we lead and support work across Scotland to prevent disease, prolong healthy life and promote health and wellbeing. We work closely with local organisations to focus on improving life expectancy and reducing health inequalities. We bring together and share data and intelligence to shape decisions affecting health.



Randstad Care

✉ catherine.robb@randstad.co.uk | [f/RandstadUK](https://www.facebook.com/RandstadUK)

0131 240 0887

[randstad.co.uk](https://www.randstad.co.uk)

In Scotland, Randstad supports care providers across all regions, ensuring the best outcomes for children. Whether you need 24-hour support, long-term block bookings, or familiar faces on an ad-hoc basis, we offer highly skilled professionals to maintain and enhance continuity of care for children.



respectme

✉ enquire@respectme.org.uk | [f/respectme.scotland](https://www.facebook.com/respectme.scotland) | [@respectmescot](https://www.instagram.com/respectmescot)
[in/company/respectme-scotland](https://www.linkedin.com/company/respectme-scotland) | [x@_respectme_](https://twitter.com/_respectme_)

0141 530 1044

[respectme.org.uk](https://www.respectme.org.uk)

respectme is Scotland's Anti-Bullying Service. Our vision is of a respecting, just, equal and inclusive Scotland where children and young people can access their right to live free from bullying. We aim to build the capacity of adults to prevent, challenge and respond to bullying, and we campaign to raise awareness of the impact that bullying can have.



Richmond's Hope

✉ info@richmondshope.org.uk (Edinburgh) and glasgow@richmondshope.org.uk (Glasgow) | [f/RichmondsHopeCharity](https://www.facebook.com/RichmondsHopeCharity) | [@richmondshope](https://www.instagram.com/richmondshope) | [x@RichmondsHope1](https://twitter.com/RichmondsHope1)

0131 661 6818 (Edinburgh) and 0141 230 6123 (Glasgow)

[richmondshope.org.uk](https://www.richmondshope.org.uk)

Richmond's Hope provides bereavement support for children and young people aged 4-18 years. The charity provides a safe space for children to work through their grief both verbally and non-verbally. We focus on preserving memories of the person who has died, exploring feelings, developing coping strategies and exploring the impact the bereavement has had on their lives.



Road Safety Scotland

[f/roadsafetyscotland](https://www.facebook.com/roadsafetyscotland) | [x@RoadSafetyScot](https://twitter.com/RoadSafetyScot)

0131 244 6133

[roadsafety.scot](https://www.roadsafety.scot)

Road Safety Scotland (RSS) has responsibility for road safety learning and publicity. The foundation for all RSS activity is a commitment to the use of analysis and evidence, and RSS has been at the forefront of driving an evidence-informed approach to road safety learning and publicity in Scotland. RSS sees road safety learning as a lifelong-learning process and the knowledge, skills and attitudes which will be required when young people become independent road users need to be embedded from the start. All RSS learning resources for ages 3-18 years are linked to Curriculum for Excellence (CfE) and available online.



Scottish Book Trust

✉ bookbug@scottishbooktrust.com | [f/BookbugSBT](https://www.facebook.com/BookbugSBT) | [@Bookbug_SBT](https://www.instagram.com/Bookbug_SBT)

[x@Bookbug_SBT](https://twitter.com/Bookbug_SBT)

0131 524 0160

[scottishbooktrust.com/topics/bookbug](https://www.scottishbooktrust.com/topics/bookbug)

Bookbug is Scottish Book Trust's Early Years programme which supports families to read, sing and play with their little ones from birth, to give them the best start in life.



Scottish Social Services Council

✉ enquiries@sssc.uk.com | [f/thesssc](https://www.facebook.com/thesssc) | [@ssscnews](https://www.instagram.com/ssscnews)

[in/company/scottish-social-services-council](https://www.linkedin.com/company/scottish-social-services-council) | [x@SSSCnews](https://twitter.com/SSSCnews)

0345 60 30 891

[sssc.uk.com](https://www.sssc.uk.com)

The SSSC is the regulator for the social work, social care and children and young people workforce in Scotland.

Our work means the people of Scotland can count on social work, social care and children and young people services being provided by a trusted, skilled, confident and valued workforce.



Sleep Action

✉ enquiries@sleepaction.org | [f/sleepactionorg](https://www.facebook.com/sleepactionorg) | [@sleepactionorg](https://www.instagram.com/sleepactionorg)

[in/company/sleepactionorg](https://www.linkedin.com/company/sleepactionorg) | [x@sleepactionorg](https://twitter.com/sleepactionorg)

[sleepaction.org](https://www.sleepaction.org)

Sleep Action (formerly Sleep Scotland) is the UK's oldest sleep charity. We are the leading provider of sleep support, training and resources in the UK. We work with professionals, families and employers to promote healthy sleep for everyone.



SQA

✉ businessdevelopment@sqa.org.uk | [f/ScottishQualificationsAuthority](https://www.facebook.com/ScottishQualificationsAuthority)

[@sqanews](https://www.instagram.com/sqanews) | [in/company/sqa-scottish-qualifications-authority](https://www.linkedin.com/company/sqa-scottish-qualifications-authority) | [x@sqanews](https://twitter.com/sqanews)

0303 333 0330

[sqa.org.uk/sqa/43007.html?sector=285](https://www.sqa.org.uk/sqa/43007.html?sector=285)

We are the national accreditation and awarding body for Scotland. Our purpose is to help people fulfil their potential and maintain standards across Scottish education.

We engage with learners, schools, colleges and training providers across Scotland, the rest of the UK and internationally, to develop, maintain, and improve a framework of qualifications, and to set and maintain standards for many other awarding bodies, and accredited qualifications.



Supporting the Third Sector (STTS) Project

✉ STTSProject@childreninscotland.org.uk | ✎ [@STTS_Project](https://twitter.com/STTS_Project)
childreninscotland.org.uk/supporting-the-third-sector-project

Hosted by Children in Scotland, the Supporting the Third Sector Project supports third sector partners to become more involved in local and national planning and decision-making. We do this through working with Scotland's Third Sector Interfaces and facilitating the TSI Children's Services Network to ensure that local third sector organisations are involved strategically in national and local policy and practice.



The UK Covid-19 Inquiry

✉ contact@covid19.public-inquiry.uk | 📍 [/covidinquiryuk](https://www.covidinquiryuk.com/) | 📷 [@ukcovid19inquiry](https://www.instagram.com/ukcovid19inquiry)
[/uk-covid-19-inquiry](https://www.linkedin.com/company/uk-covid-19-inquiry) | ✎ [@covidinquiryuk](https://twitter.com/covidinquiryuk)
[covid19.public-inquiry.uk](https://www.covid19.public-inquiry.uk)

The UK Covid-19 Inquiry is the independent public inquiry set up to examine the UK's response to and impact of the Covid-19 pandemic, and learn lessons for the future.

Every Story Matters is the Inquiry's way of listening to anyone who wishes to share their pandemic experience with us. The experiences shared will help inform the Inquiry's findings and recommendations.



With Kids

✉ j.mclaughlin@withkids.org.uk | 📍 [/withkids](https://www.withkids.org.uk/) | 📷 [@withkidsscot](https://www.instagram.com/withkidsscot) | ✎ [@withkidsscot](https://twitter.com/withkidsscot)
0141 5505770
[withkids.org.uk](https://www.withkids.org.uk)

With Kids is a community-based children's mental health charity operating in areas of high socioeconomic disadvantage, based in Glasgow's east end. We provide the specialist and evidence-based intervention of Play Therapy to children aged 3-12.

Play Therapy enables children to make sense of difficult life events thereby reducing the impact of disruptive thinking, intrusive feelings, and generate healthier ways of being and engaging with the world.



Yopa

✉ hello@yopa.co.uk | 📍 [/yopaproperty](https://www.yopaproperty.com/) | 📷 [@yopa_property](https://www.instagram.com/yopa_property) | 📺 [/company/yopaproperty](https://www.linkedin.com/company/yopaproperty)
✎ [@yopaproperty](https://twitter.com/yopaproperty)
0333 305 0202
[yopa.co.uk](https://www.yopa.co.uk)

Yopa is an award-winning national estate agency providing all the services of a traditional agency but for a fair fixed fee. From our exceptional agents and extra services to our simple online tool for booking and hosting viewings, Yopa is great at taking some of the worry, stress and hassle away from selling or buying your home. Having been launched by customers, for customers, just a few years ago, Yopa is already a top 10 UK estate agency brand with more than 150 local estate agents.



Zero Tolerance

✉ info@zerotolerance.org.uk | 📷 [@zerotolerancescotland](https://www.instagram.com/zerotolerancescotland) | ✎ [@ZTScotland](https://twitter.com/ZTScotland)
07826 558 090 (press inquiries)
[zerotolerance.org.uk](https://www.zerotolerance.org.uk)

All children deserve to grow in safe and equal environments and reach their full potential. Zero Tolerance works to create a gender equal Scotland free from men's violence against women and girls. As experts on primary prevention, we support decision makers and practitioners to embed gender equality in children's lives. We are currently working on gender equal play and ensuring girls' human rights.

Online Training Courses

June – October 2024



7 June Scotland's Welfare Rights Conference, Glasgow **BOOK NOW!**

Calendar of online training courses

- ✓ Full programme of online training courses designed to help advisers stay informed and up-to-date
- ✓ Courses range in topic and training level to suit all learning requirements
- ✓ All courses delivered online via Zoom

Introductory | Standard | Experienced

June	
13	Students and benefits – an update
14	Universal credit – managed migration
18 – 19	EXTRA DATE DUE TO DEMAND Preparing an appeal submission - adult disability payment
18 – 19	Benefit basics in Scotland

August	
15 – 16	Appeals to the Upper Tribunal
19	Adult disability payment - an introduction
20 – 21	Universal credit update and tactics
22	Limited capability for work in universal credit
27	Benefits overview
28 – 29	QBC – making the most of your calculator

September	
3	Care-experienced young people and the benefits system
4 – 5	Changing decisions – universal credit
9 – 10	Income maximisation for older people
11 – 12	Mental health and benefits
13	Benefits and the armed services community
17	Claimants and custody
17 – 19 & 24 – 26	Introduction to welfare rights

October	
1	Child disability payment – an introduction
2 – 3	Overpayments of benefit
8-9	Universal credit and students
10	Universal credit – managed migration
22 – 23	Transferring to Scottish disability benefits
24 – 25	Social security law update
28	EXTRA DATE DUE TO DEMAND Carer support payment
29	Universal credit - an introduction
30 – 31	Universal credit for ill health and disability

In-house online training

If you have six or more people who require welfare benefits training, we can provide 'in-house' online courses to meet the learning needs of your group or organisation on a date that suits. cpag.org.uk/scotland-training

Browse all our courses at cpag.org.uk

Publications

Ensure your library is up to date with CPAG's essential handbooks. cpag.org.uk/shop

Contact

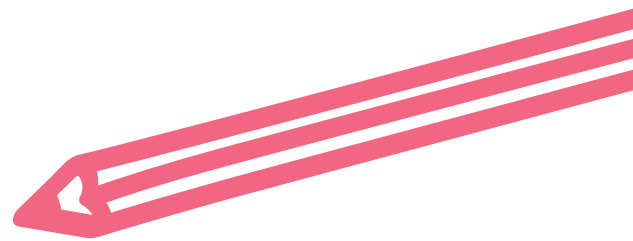
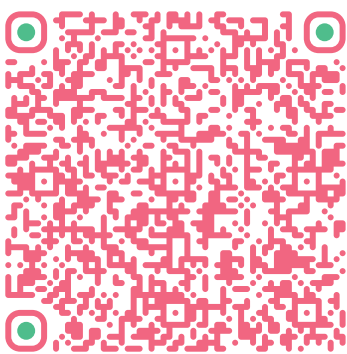
0141 552 3303
training@cpagscotland.org.uk
✎ [@CPAGScotland](https://twitter.com/CPAGScotland)

CPAG in Scotland gratefully acknowledges the financial support of the Scottish Government towards our welfare rights services in Scotland.

We'd love to hear about your Conference experience!

How did Annual Conference 2024 go for you? What would you like to see from Children in Scotland in the future? If you have any feedback for us, we'd appreciate it if you could fill out a quick online evaluation form.

Just scan the QR code below



Year-round learning with Children in Scotland

Enjoyed Annual Conference 2024? Good news! With Children in Scotland, the learning never stops.

We offer a diverse and sector-leading programme of online, in-person and residential events across the calendar, making sure that the children's sector workforce always has the tools to develop. Additionally, we have the expertise to offer commissioned training tailored around your needs.

So, if you're feeling energised and enlightened after a busy day of inspiring speeches and illuminating workshops, why not check out our year-round training offer?

Visit childreninscotland.org.uk/learning to find out more.

Scan the QR code to see upcoming training opportunities on our eventbrite page.

