

# Early Action System Change Renfrewshire

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Children in Scotland Annual Conference

November 2019



# Are you (primarily)....

- a. Practitioner**
- b. Researcher or;**
- c. Commissioner / funder**
- d. Other**



# What is System Change?



**EARLY ACTION SYSTEM CHANGE: OPEN MIND SUMMIT**

# When someone says **System Change**...

## What does it make you you feel / think?

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**Write on A4 card...**

One word

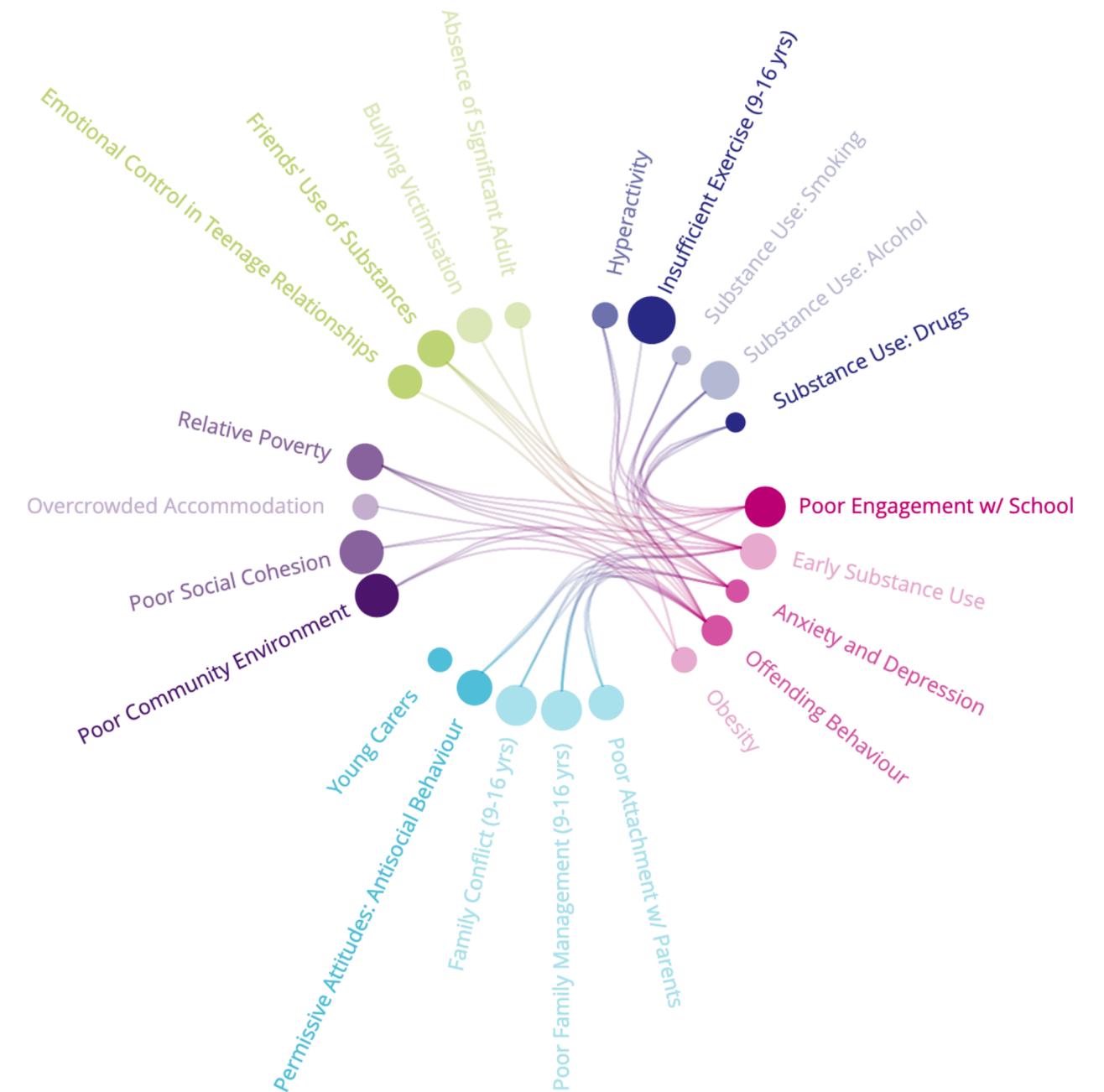
Short sentence / Phase or;

Draw a doodle



# Early Action System Change: Background

- ChildrenCount Survey in Renfrewshire (2016-17)
- New data on children's health and well-being linked to existing data on service use
- Range of Data products (e.g. Interactive data portal; individual school reports; locality breakdown; special interest groups)
- Informed local policies and priorities





## Early Action System Change

Tackling the root cause of inequality by helping local organisations collaborate to make the shift towards early action

Area:	Scotland
Funding size:	£300,000 - £1 million
Total available:	£7.5 million
Application deadline:	02/10/2017 12:00:00

## EARLY ACTION SYSTEM CHANGE: CORE PARTNERSHIP



## EARLY ACTION SYSTEM CHANGE: WIDER PARTNERSHIP



# Two priorities emerged

1. Improve the emotional well-being of young people



2. Tackle coercive control within adolescent relationships

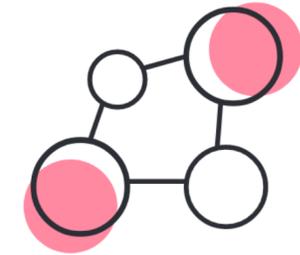


# Values of Early Action System Change in Renfrewshire



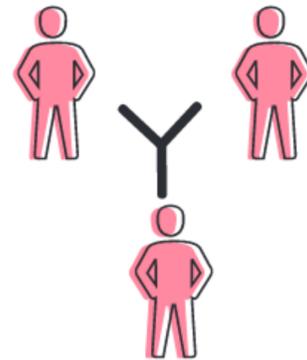
## Prevention

Prioritisation of early intervention



## Partnership

Importance of joined-up working



## Communities

Nothing about us, without us



## Evidence

Using data and evaluation to improve and refine

## PHASE 1

Understanding system, evidence, expenditure and experiences

## PHASE 2

Co-designing the response

## PHASE 3

Implementation and rigorous testing

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- > 50 insight workshops, >500 young people
- Financial mapping of expenditure
- Evidence mapping of drivers
- System map of existing response

# DATA QUIZ



**EARLY ACTION SYSTEM CHANGE: OPEN MIND SUMMIT**

# How much public expenditure is invested in targeted prevention and early intervention?

Universal provision

Targeted prevention

High-need provision

# How much public expenditure is invested in targeted prevention and early intervention?

a. 30-50%

# How much public expenditure is invested in targeted prevention and early intervention?

**a. 30-50%**

**b. 10-20%**

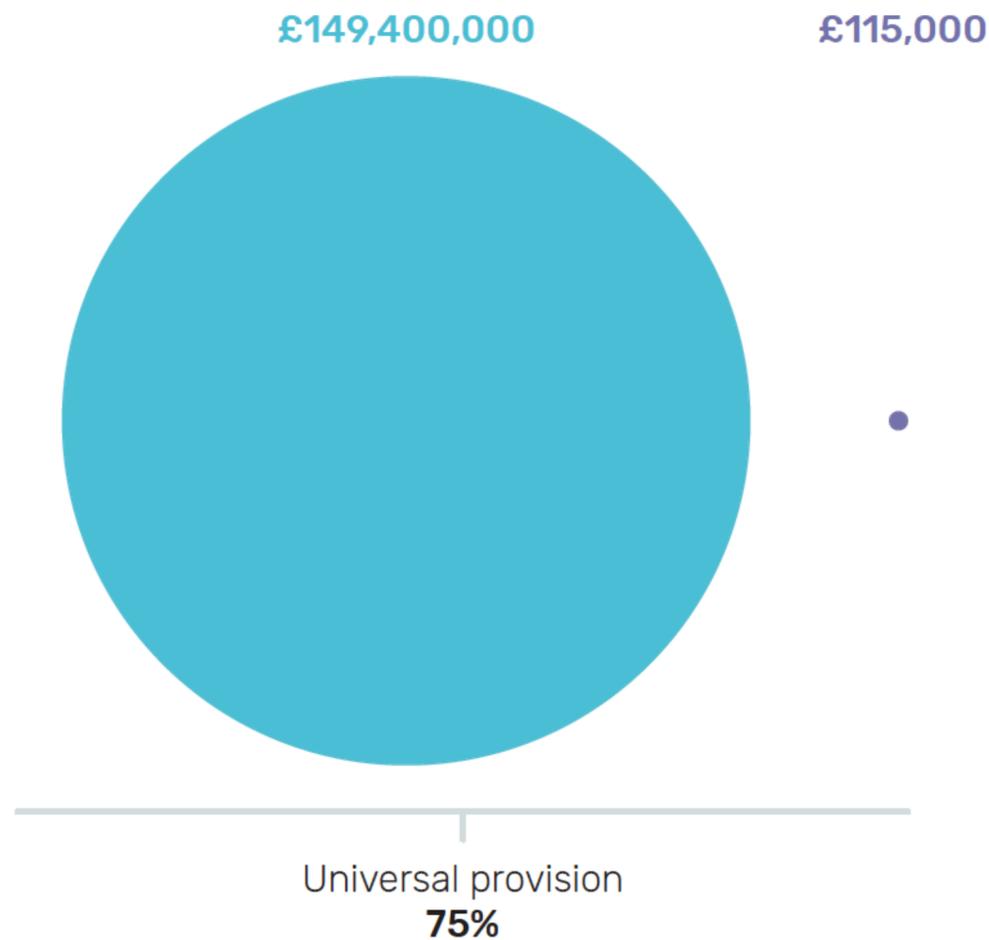
# How much public expenditure is invested in targeted prevention and early intervention?

**a. 30-50%**

**b. 10-20%**

**c. 0-5%**

# How much public expenditure is invested in targeted prevention and early intervention?



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## Overall in Renfrewshire....

- More **boys** experience **anxiety and depression**



## Overall in Renfrewshire....

- More **boys** experience **anxiety and depression**
- More **girls** experience **anxiety and depression**



## Overall in Renfrewshire....

- More **boys** experience **anxiety and depression**
- More **girls** experience **anxiety and depression**
- **Boys** and **girls** experience similar levels of **anxiety and depression**



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## Renfrewshire secondary schools...

**5% of boys**

## Overall in Renfrewshire....

- More **boys** experience **anxiety and depression**
- More **girls** experience **anxiety and depression**
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## Renfrewshire secondary schools...

**5% of boys** vs. **18% of girls**

# Overall in Renfrewshire....

- More **boys** experience **anxiety and depression**
- More **girls** experience **anxiety and depression**
- **Boys** and **girls** experience similar levels of **anxiety and depression**

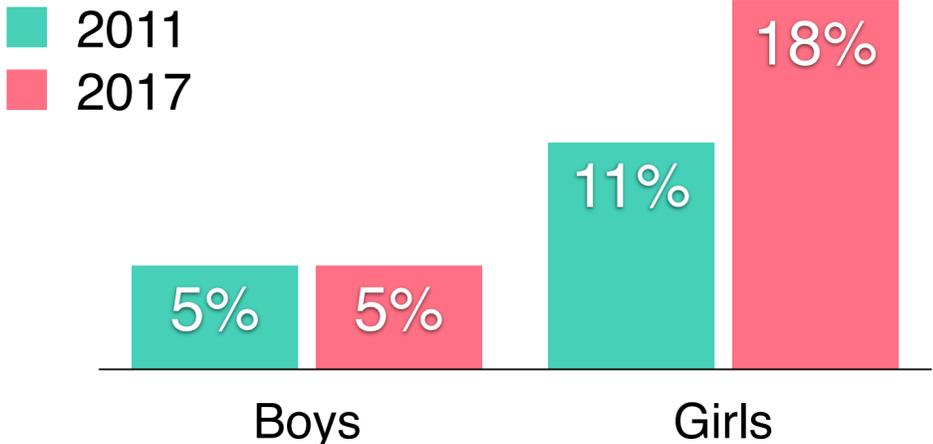


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## Renfrewshire secondary schools...

5% of boys vs. 18% of girls

## Secondary school pupils



# Tackling coercive control within adolescent relationships

- Of the 3,058 young people who had been in a relationship, how many reporting concerning levels of coercive control?

Often or all the time...

- Made fun of you
- Shouted at you/screamed in your face/called you hurtful names
- Said negative things about your appearance/body/friends/family
- Told you who you could see and where you could go
- Constantly checked up on what you were doing e.g. by phone or texts
- Used private information to make you do something
- Used mobile phones or the internet to humiliate or threaten you

Once or more...

- Threatened to hurt you physically unless you did what they wanted

**EARLY ACTION SYSTEM CHANGE**

# Tackling coercive control within adolescent relationships

- Of the 3,058 young people who had been in a relationship, how many reporting concerning levels of coercive control?

- **1 in 4**
- **1 in 10**
- **1 in 20**

Often or all the time...

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**EARLY ACTION SYSTEM CHANGE**

# Tackling coercive control within adolescent relationships

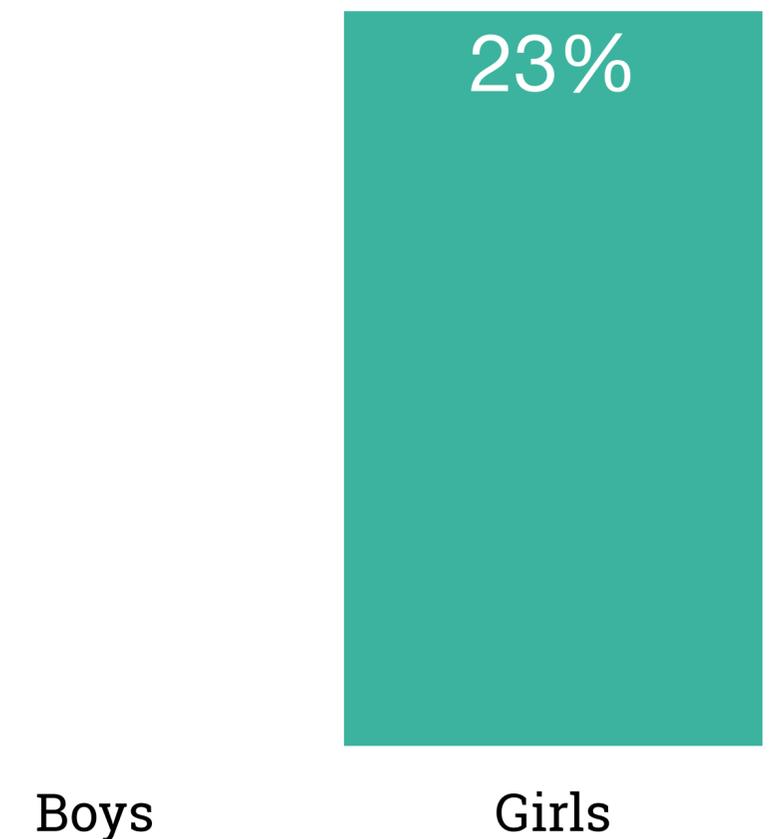
- More boys experience coercive control in their relationships
- More girls experience coercive control in their relationships
- Boys and girls experience similar levels of coercive control in their relationships

EARLY ACTION SYSTEM CHANGE

# Tackling coercive control within adolescent relationships

Secondary school pupils

- More **boys** experience **coercive control** in their relationships
- More **girls** experience **coercive control** in their relationships
- **Boys** and **girls** experience similar levels of **coercive control** in their relationships

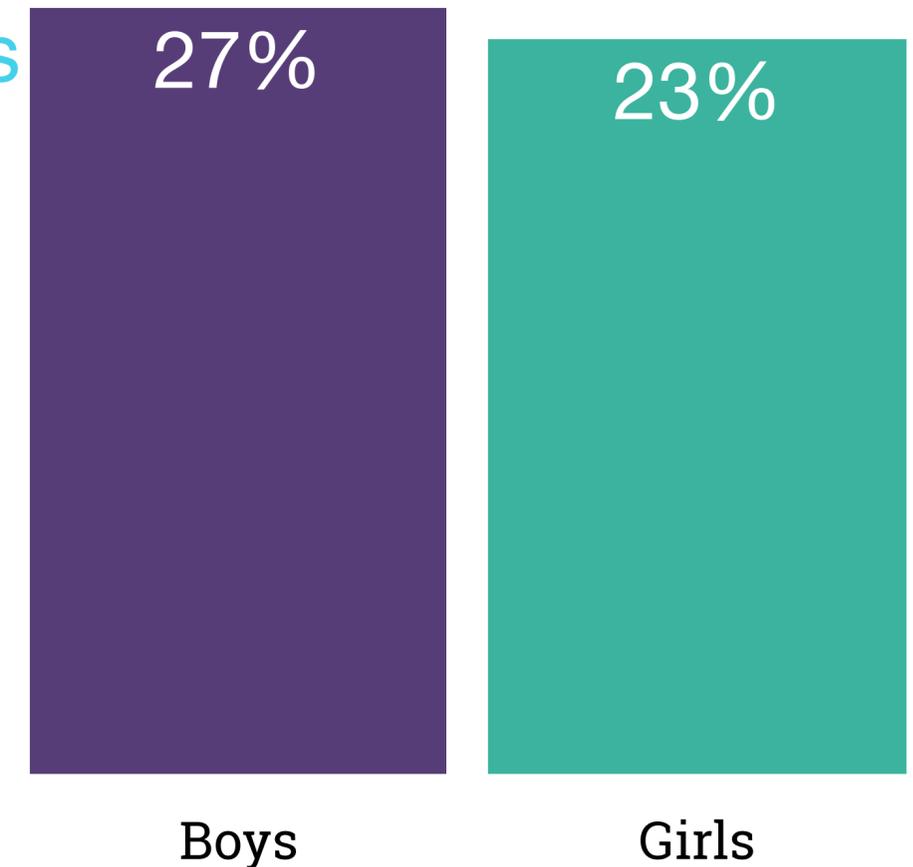


EARLY ACTION SYSTEM CHANGE

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EARLY ACTION SYSTEM CHANGE

# INSIGHT FROM WORKSHOPS WITH YOUNG PEOPLE AND FAMILIES



**EARLY ACTION SYSTEM CHANGE: OPEN MIND SUMMIT**

## EARLY ACTION SYSTEM CHANGE: WIDER PARTNERSHIP



- Diverse settings  
**mainstream schools > college > specialist settings and clinics**

- Range of creative engagement strategies  
**Pop ups in schools > use of media / video > mixed discussion groups**

# Coercive control exercise

“I feel like I’ve been played...”

Developed by Star Project and families

# Rise presentation



**EARLY ACTION SYSTEM CHANGE: OPEN MIND SUMMIT**

## PHASE 1

Understanding system, evidence, expenditure and experiences

## PHASE 2

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