



## TRAINING WORKSHOP

We're delighted to be offering a fantastic selection of free learning opportunities to our members. These events will help you develop your knowledge and skills and provide the opportunity to share your views, opinions and vision for the future of Scotland's children's sector.

# Children in Scotland Networking Event 2019

**Date:** Wednesday, 4 September 2019 (Edinburgh)  
**Cost:** FREE

Join us at the City Art Centre in Edinburgh on Wednesday, 4 September 2019, 18:00-20:00, for our annual networking event.

This year, marking the 30th anniversary of the UNCRC, we will be celebrating children's participation and rights. You will hear from young people involved in projects including:

- Changing our World – our children and young people's advisory group
- Young Media Voices – supporting young people to learn new skills, create multi-media content, work with media partners and share the stories that matter most in their communities
- Heritage Hunters – broadening the participation of children and young people in heritage settings across Scotland.

# Listening to children and young people: exploring participative methodologies

**Date:** Thursday, 19 September 2019 (Edinburgh, am)  
**Trainer:** Children in Scotland's  
 Participation & Engagement team  
**Cost:** FREE for members; £65 for non-members



This event is a chance to explore commonly used participative methods and gain insights into how we gather children's and young people's views.

The training is underpinned by our recently updated principles and guidelines for meaningful participation and engagement. This creative session will encourage you to express your views in a safe and welcoming space.

### Key learning:

- Developing an understanding of different methods, using case studies based around the work of Children in Scotland and partner organisations
- Exploring and experiencing participative exercises
- Critically assessing commonly used participative methodologies.

## Children in Scotland manifesto development

**Date:** Thursday, 3 October 2019 (Edinburgh)  
**Trainer:** Children in Scotland's  
 Policy, Projects & Participation team  
**Cost:** FREE for members

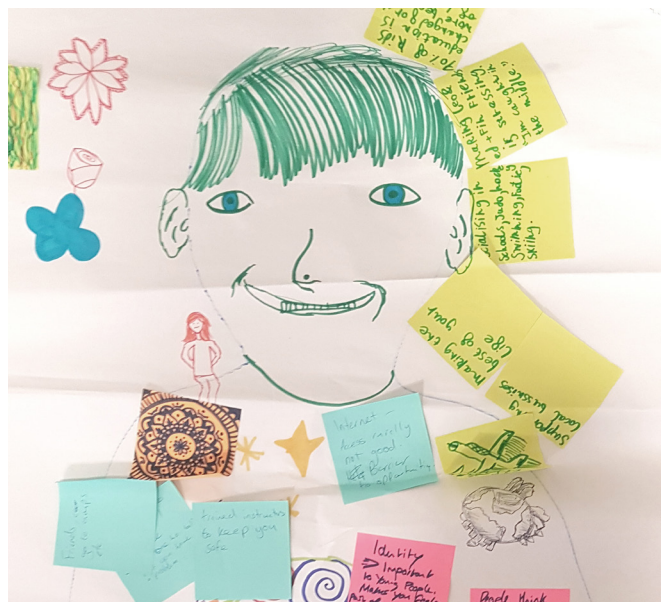


Children in Scotland is currently working to develop our Manifesto for the 2021 Scottish Elections. The Manifesto will build on our 25 Calls campaign and is developed with children and young people, our partnership, and elected representatives from across the country.

This is a key opportunity for you and your organisation to feed into the Manifesto and influence our policy activity for the next five years. You will have the chance to inform the positions we take and advocate for specific policy calls you feel are essential if we are to improve the lives of children, young people and families.

At the meeting we will update you on our progress so far and our timeline for developing the Manifesto. We will provide a range of opportunities for you to discuss specific areas of work and help shape our policy calls. Please come prepared to discuss specific asks for the next government and explore how we can achieve consensus across the chamber about legislative priorities for children and young people.

Download and read our 2016 – 2021 manifesto on our website: [childreninscotland.org.uk/about-us/our-priorities](https://childreninscotland.org.uk/about-us/our-priorities)



## Voices Forum meetings

**Date:** Thursday, 24 October 2019 (Aberdeen)  
Thursday, 23 January 2020 (Dundee)  
**Cost:** FREE for members



Voices brings together the diverse knowledge, skills and experiences of our members to seek solutions for the most pressing issues affecting children in Scotland today.

Combining participation from children and young people with thinking from our Children's Sector Strategic and Policy Forum, it is a powerful collection of voices calling on decision-makers to improve children's lives.

We want to work constructively with colleagues from across sectors to identify tangible actions that Children in Scotland can take forward with national decision-makers alongside our membership. It is also a chance to hear from representatives from the Scottish Government and other leaders in the sector and to ask them the questions you feel need to be addressed.

The Forum holds four events per year, complemented by opportunities for members to feed in their views and ideas remotely.

Using the themes of our 25 Calls campaign as our focus, we identified a host of pressing issues which will be explored and pursued throughout the year. To find out more about the focus of future Voices Forum meetings, please visit [childreninscotland.org.uk/voices-forum](http://childreninscotland.org.uk/voices-forum)



[www.playscotland.org](http://www.playscotland.org)  
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**Play Scotland is the national organisation for play, promoting the importance of play and working strategically to create increased opportunities for all children and young people to #playeveryday**

**Contact [training@playscotland.org](mailto:training@playscotland.org) for innovative resources and training including:**

- **Play Types Toolkit** - bringing more play into the school day, mapped against Curriculum for Excellence and GIRFEC indicators of wellbeing
- **Parents' Play Pack** - resources and guidance for parents and carers of children aged eight to twelve
- **Getting it Right for Play and Play Map** - strategic planning for play in schools, local communities and local authorities
- **Free to Play** - creating accessible and inclusive play opportunities informed by children's views
- **Level 8 PDA Strategic Planning for Play** - understanding how play contributes to better outcomes for children and communities
- **Play Friendly Schools and Settings Awards** - building quality play policy and practice and sharing effective examples
- **Play Builds Children** - a range of practical play booklets and posters, including messy play and other popular themes.

Level 1  
Rosebery House  
Edinburgh  
EH12 5EZ

Company Number: 017885  
Scottish Charity Number:  
SC029167

## NEW Children's rights, participation and engagement

**Date:** Wednesday, 20 November 2019 (Aberdeen)  
**Trainer:** Children in Scotland's Participation & Engagement team, National Third Sector GIRFEC project team  
**Cost:** FREE for members; £89 for non-members



This full-day session is co-hosted by ACVO (Third Sector Interface in Aberdeen). It will cover the theory of children and young people's participation, based on the United Nations Convention on the Rights of the Child (UNCRC). You will gain insights into how we gather children and young people's views by exploring commonly used participative methodologies.

This training event is underpinned by Children in Scotland's recently updated principles and guidelines for meaningful participation and engagement.

### Key learning:

- Developing an understanding of the theory of children and young people's participation in decision-making (based on the UNCRC)
- Exploring and experiencing participative exercises, based around the work of Children in Scotland and partner organisations
- Critically assessing commonly used participative methodologies.

**Committed to PLAY**



[www.playscotland.org](http://www.playscotland.org)

## Understanding and embedding good governance

**Date:** Wednesday, 13 November 2019 (Glasgow, am)  
**Trainer:** Gillespie Macandrew  
**Cost:** FREE for members; £65 for non-members



Good governance is essential for all charities, with guidance available from a wide range of sources, including the Scottish charity regulator OSCR.

Despite this, it can be challenging for charities to ensure that their own management structures and procedures are fully in line with regulations.

This seminar will improve your understanding of this important issue and will be of particular use to trustees and board members of charities.

### Key learning:

- Trustee statutory duties and ensuring that all trustees comply
- What constitutes misconduct
- Understanding the powers available to OSCR and when it might exercise these powers.

**“This was really helpful for both my paid job and voluntary board role.”**

*Delegate, March 2018  
(Understanding and embedding good governance)*

**“A good overview which has boosted my confidence. Ability to ask specific questions and get answers was very helpful.”**

*Delegate, February 2019  
(Successful performance management)*

## Data protection: getting to grips with updated legislation

**Date:** October 2019 (Edinburgh, am)  
**Trainer:** Gillespie Macandrew  
**Cost:** FREE for members; £65 for non-members



It is essential for charities to take care when dealing with personal data – be it a donor database, employee records or anything else. New legislation that came into effect in May 2018, overhauled the existing regime for the first time in over twenty years. This seminar will help charities and other organisations consider the necessary steps to take to ensure compliance and avoid the risk of fines and reputational damage.

### Key learning:

- An overview of current data protection rules and of the upcoming changes
- The particular impact of GDPR on charities
- Practical steps to take in order to ensure compliance.



**“Very informative course, breaking down complicated legal terms and policies into easy to understand and useful content.”**

*Delegate, January 2019  
(Guardianship and power of attorney)*

## Guardianship and power of attorney for children, young people and families

**Date:** Thursday, 12 March 2020 (Glasgow, am)  
**Trainer:** Gillespie Macandrew  
**Cost:** FREE for members; £65 for non-members



When a child reaches the age of 16, parents and carers lose the authority to act on their child's behalf. This can be particularly worrying if the child is living with a condition that will make it difficult for them to look after their own welfare and finances.

### Key learning:

- Steps to take to protect children's interests as soon as they turn 16
- Differences between powers of attorney and guardianship
- Consequences if a parent loses capacity and steps to take to minimise the impact
- How parents can ensure that their children are cared for after death.

## Successful performance management

**Date:** Thursday, 23 January 2020 (Edinburgh, am)  
**Trainer:** Gillespie Macandrew  
**Cost:** FREE for members; £65 for non-members



This half-day seminar will discuss the principles of performance management, including proactively supporting staff, turning around poor performance, managing sickness absence, disciplinary processes and, if required, the legal tools available.

### Key learning:

- General principles of performance management
- Improvement notices and ensuring you get the best from the people in your team
- Managing disciplinary processes for poor performance
- Managing absence
- The legal tools available to help you tackle performance issues.



## NEW Principles and guidelines for children and young people's participation (webinar)

**Date:** Tuesday, 10 December 2019 (online)  
**Trainer:** Children in Scotland's Participation & Engagement team  
**Cost:** FREE for members



This free, one-hour webinar will share Children in Scotland's recently updated principles and guidelines for children and young people's participation.

It will draw on our approach to participation, based on the United Nations Convention on the Rights of the Child (UNCRC) and cover planning, delivery, reporting, evaluation, next steps and safeguarding. It will be an opportunity for you to develop your understanding of participation and reflect on your own practice and how these guidelines can be of use in your own context.

The webinar is a live web-based video meeting that uses the internet to connect the person hosting the webinar to viewers and listeners all over Scotland and beyond. Webinars give you the opportunity to take part in learning events even if you're too far away or have limited time. All you need is a device with internet access.

## NEW Sex in the digital age: sexting, pornography and harm reduction for young people with additional support needs

**Date:** Thursday, 20 February 2020 (Edinburgh, am)  
**Trainer:** Corrie McLean, Three Sisters Consultancy  
**Cost:** FREE for members; £65 for non-members



Young people with additional support needs are increasingly vulnerable as the internet and modern technology become a normal part of exploring sexuality. This training will inform you of the changing platforms and laws surrounding sexting and pornography, as well as looking at how the internet impacts on young people's understanding of relationships and sexual health. With a specific focus on young people with additional support needs, you will explore strategies that can improve your confidence in helping inform and reduce harm to some of the most vulnerable young people online.

### Key learning:

- Understanding the prevalence of sexting, common platforms for sharing sexts and how the law protects young people
- Reflecting on how pornography has evolved and its impact on young people
- Exploring key legislation such as the Video Recordings Act 1984 and the Digital Economy Act 2017
- Using strategies to inform young people and reduce harm, including how to integrate pornography and sexting as part of relationship, sexual health and parenthood (RSHP) education
- Working directly with the new Scottish national RSHP resource.

## New career or a new challenge?

Help children with social, emotional, behaviour and mental health problems

## Train as a registered Play and Creative Arts Therapist!

Courses in **EDINBURGH** and **GLASGOW**.  
 (Two entries each year).

The APAC courses are *the only ones* that meet the requirements of the UK Register of Play and Creative Arts Therapists accredited by the Professional Standards Authority.

Courses run Friday to Sunday to minimise your time away from work.

Our **one-day Introduction to Play Therapy Training course** will show you the skills required, how we train, our practical and experiential exercises and why we and our trainees are so successful.

Suzi Administrator - APAC  
 Tel: 01825 761143  
 Email: [mokijep@majemail.com](mailto:mokijep@majemail.com)  
[www.playtherapy.org.uk](http://www.playtherapy.org.uk)



## NEW Raising awareness of second-hand smoke with parents

**Date:** Wednesday, 18 March 2020 (Edinburgh, am)  
**Trainer:** Beverley Scheepers, ASH Scotland  
**Cost:** FREE for members; £65 for non-members



While smoke-free public places have been a great success, many of Scotland's children are still regularly exposed to second-hand smoke (SHS) in the home.

Exposure to SHS is associated with a range of diseases including asthma, respiratory infections and cot death.

This workshop will provide you with a free, Scottish Government funded resource pack containing activities designed for use in parenting groups which raise awareness of second-hand smoke and the benefits of creating a smoke-free environment for families. This session is suitable for any family support staff or professionals who have a role in directly supporting parents and who wish to improve the health and wellbeing of the families they work with.

### Key learning:

- Second-hand smoke (SHS) and how it is measured
- Harmful chemicals in SHS and health risks to children exposed to SHS
- Myths or misconception that parents/carers may have about SHS
- Benefits of creating a smoke-free home
- Challenges of discussing smoke-free homes
- One free printed copy of ASH Scotland's 'Second-hand Smoke: Parent Workshop Pack' for each attendee.

## Understanding the disclosure and PVG process including duty to refer

**Date:** Thursday, 27 February 2020 (Edinburgh)  
**Trainer:** Disclosure Scotland  
**Cost:** FREE for members; £89 for non-members



This full-day workshop, centred around the Protection of Vulnerable Groups (PVG) Scheme, has been designed to provide you with an overview of the processes and criteria to help you navigate the disclosure process as easily as possible, whilst ensuring that you meet obligations under the PVG Act and Code of Practice.

Through a series of interactive presentations, Q&A sessions and group discussions, you will gain the following learning outcomes:

### Key learning:

- Understanding how to apply the legislative criteria for the various disclosure levels to roles within your organisation – including how to decide if a role is 'regulated work' (i.e. eligible for PVG)
- Increasing your awareness of the legal obligation to refer to Disclosure Scotland – and why it matters
- Being able to identify and remedy the common application errors they experience – helping you receive PVG certificates that little bit more quickly
- Understanding how the PVG Scheme operates, including recent updates in legislation around the disclosure of spent conviction information.

## Gambling and gaming education and prevention with young people and families

**Date:** Thursday, 30 April 2020 (Inverness)  
**Trainer:** Paul Anderson, Fast Forward  
**Cost:** FREE for members



Gambling and online gaming are hidden addictions. This workshop is an opportunity to learn all about how problem gambling and gaming affect young people and families. It is delivered by Fast Forward's Gambling Education Hub.

The training session also provides practice-rich examples of harm-minimisation and group engagement. You will explore how gambling and gaming harms can be addressed and how to include gambling and gaming education in your services for young people and families.

### Key learning:

- Increased gambling and gaming awareness and their impact on young people and families
- Understanding problem gambling, consequences and links with other risk-taking behaviours
- Exploring a variety of ways to address gambling as part of an overall health and wellbeing programme
- Gaining skills and confidence to deliver gambling and gaming education and prevention activities
- Increased knowledge of the resources available and of specialised gambling services.



## A range of resources to support you on your improvement journey

[www.careinspectorate.com](http://www.careinspectorate.com) [hub.careinspectorate.com](http://hub.careinspectorate.com)

### The Hub for:

- improvement guidance, advice and resources
- information on national policy and legislation
- Care Inspectorate programmes and publications
- weekly news bulletins
- events and training.

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