

Children in Scotland Conference

## **The psychology of gender and why it hurts: suicide and boys**

Wednesday, 28 August 2019, Celtic Park, Glasgow

#CiShealth

### **Agenda**

**09:00** *Registration and refreshments*

**09:30** **Introduction and housekeeping**

John Naples-Campbell, Chair

**09:45** **Understanding suicide risk: from thoughts of suicide to suicide attempts**

Prof. Rory O'Connor, Professor of Health Psychology, Suicidal Behaviour Research Laboratory, Institute of Health & Wellbeing, University of Glasgow

**10:20** **Troubling gender, suicide and self-harm**

Dr Amy Chandler, University of Edinburgh

**10:45** *Refreshment break*

**11:05** **Ensuring young people have a voice in improving mental health services**

Scotland's Youth Commission on Mental Health

**11:20** **The power of relationships: promoting family contact to reduce self-harm and suicide in Scottish prisons**

Elaine Stalker, Families Outside

**11:40** **The importance of men in children's lives**

Kenny Spence, Men in Childcare

**12:05** **Being ManKind: using digital safe spaces to let boys talk**

Dan Proverbs, Brothers in Arms

**12:35** **Lunch break**

**13:30** **Workshops**

**14:30** **Minds Over Matter: reaching everyone who needs help**

Caitlyn Nutt, Minds Over Matter Ayrshire

**14:45 Positive coping strategies for children, young people and families**

Julie Middlemiss Brown, Youth Scotland

**15:15 Final thoughts / Summary of the day**

Chair

**15:30 Conference close**

**Workshops:**

**A Nurture and boys: getting it right from the start**

Educational Psychology, North Ayrshire Council

**B Taking responsibility to shape the future of mental health services in Scotland**

Scotland's Youth Commission on Mental Health

**C Reducing risk of suicide and self-harm for young people in care**

Susan Steele and Keith Boyle, Kibble Education and Care Centre

**D We all have mental health: introducing SAMH's work within schools and colleges**

Joanne Aitken and Keir McKechnie, SAMH