



Study visit to Scotland

4-6 March 2019
Edinburgh

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Welcome...



Karin Mckenny
Learning & Events
Manager
Children in Scotland

We're pleased to welcome you to this Children in Scotland study visit to Edinburgh. We have organised this trip to give you the unique opportunity to learn about education, society and life in Scotland first hand.

Giving all children in Scotland an equal chance to flourish is at the heart of everything we do. By bringing together a network of people working with and for children, alongside children and young people themselves, we offer a broad, balanced and independent voice.

We create solutions, provide support and develop positive change across all areas affecting children in Scotland. We do this by listening, gathering evidence, and applying and sharing our learning, while always working to uphold children's rights.

Our range of knowledge and expertise means we can provide trusted support on issues as diverse as the people we work with and the varied lives of children and families in Scotland.

In this booklet you will find:

- The programme for your study visit
- Information about the organisations we visit

Thank you for choosing Children in Scotland to support you in your learning and development. We hope you have an informative and enjoyable time, and we look forward to welcoming you back in the future.

PROGRAMME

Sunday 3 March 2019

- **Arrival at Edinburgh Airport**
- **Airport Bus** (Airlink 100 bus, direction: City Centre) to the hotel – return tickets (£7.50 per person) can be bought at Airlink service desk at the airport, next to the bus stop
- **Check-in at hotel:**
Holiday Inn Express Edinburgh City Centre
Picardy Place
Edinburgh
H1 3JT

Monday 4 March 2019

Travel from Holiday Inn Express Edinburgh to Children in Scotland office: (25 minutes)

Children in Scotland
Level 1, Rosebery House
9 Haymarket Terrace
Edinburgh EH12 5EZ
Tel: 0131 313 8831

[Map from hotel to Children in Scotland](#)

Option 1 (17 minutes)
Walk from hotel to York Place tram stop (4 minutes)
Take any tram and alight at Haymarket station (13 minutes).

Option 2 (21 minutes)
Walk from hotel to York Place bus stop (4 minutes)
Buses 12, 26, 44 to Haymarket (17 minutes)

Morning presentations (9.00am-12.30pm) – Setting the context:

Tea & coffee on arrival

9.00am: Welcome

Jackie Brock, Chief Executive,
Children in Scotland

9.15am: Introduction to GIRFEC
(Getting It Right For Every Child)

Bill Alexander, Associate, Children in
Scotland

Elaine Kerridge, Policy Manager,
Participation & Engagement,
National Third Sector GIRFEC,

	Children in Scotland & Laura Watt, Senior Policy Officer – National Third Sector GIRFEC, Children in Scotland
10.15am: Refreshment break	
10.30am: Early Learning and Childcare (ELC) Provision in Scotland	Anthony O'Malley, Project Officer, CHANGE (Childcare and Nurture Glasgow East), Children in Scotland
11.30am: Case Study: CHANGE project (Childcare and Nurture Glasgow East)	Anthony O'Malley and Alison Hay, Project Officers, Children in Scotland
12.00pm: Parenting and family support	Clare Simpson, Manager, Parenting Across Scotland, Children in Scotland
12.30pm - 2.00pm: Lunch break / time for discussion and reflection (Catering available upon request)	

Starchatchers (2.00pm-4.00pm):	
2-4pm: Inspiring creativity in Scotland's youngest children	Heather Armstrong, Creative Skills Manager, Starcatchers
4.00 – 5.00pm Group Discussion/Reflection	
<u>Travel back to hotel:</u> Option 1 Tram and walk back to the hotel (17 minutes) Option 2 Take any tram and alight at York Place (13 minutes). Walk from York Place tram stop to hotel (4 minutes)	

Tuesday 5 March 2019	
<u>Travel from hotel to Scottish Book Trust</u> (30 minutes) Scottish Book Trust 55 High St Edinburgh EH1 1SR Option 1	

Walking is the easiest option (16 minutes)
[Walking map of hotel to Scottish Book Trust](#)

Option 2

However, if the weather is bad public transport is available (17 minutes)

[Bus map of hotel to Scottish Book Trust](#)

Walk from hotel to Elm Row bust stop EB (3 minutes)

Take buses 7, 14, 49 to South Bridge (8 minutes). Buses arrive every 12 minutes.

Walk to Scottish Book Trust (4 minutes)

Morning study visit 1 (9.00am-10.30am): Scottish Book Trust

9.00-10.30am: Supporting emotional, social and educational development for children through literacy activities.

Kirsty Sinclair, Head of Early Years and Chris Newton, Head of Schools, Scottish Book Trust

Morning Tea provided by Scottish Book Trust (tea, coffee, biscuits)

Travel from Scottish Book Trust to Dalmarnock Primary School/ Green Trees Nursery (same location). (1.30hr journey time)

10.45 – 12.30pm Charter bus travel

Dalmarnock Primary School
111 Baltic Street
Glasgow,
G40 3BA

Afternoon study visit 1 (12.15 – 1.45): Dalmarnock Primary School/ Green Trees Nursery

12.30 -1.00pm Welcome and lunch (provided)

Nancy Clunie, Head Teacher, Dalmarnock Primary School and Mary Evans, Head Teacher, Green Trees Nursery.

1.00 – 1.30pm School visit to observe best practice with a focus on transition from nursery to primary school.

Delegates split into two equal sized groups and then rotate through a visit to the school and nursery.

1.30 – 2.00pm School visit to observe best practice with a focus on transition from nursery to primary school.

Delegates split into two equal sized groups and then rotate through a visit to the school and nursery.

Travel from Dalmarnock Primary School to Baltic Street Adventure Playground (10 minute journey time)

2.00– 2.10pm Charter bus

Baltic Street Adventure Playground
427 Baltic Street,
Dalmarnock,
Glasgow,
G40-3EU

Afternoon study visit 1 (2.00 - 3.00 pm): Baltic Street Adventure Playground

2.00 – 3.00pm Adventure play as a tool for nurturing physical as well as social, emotional and developmental well-being.

Robert Kennedy, Project Co-Ordinator, Baltic Street Adventure Playground

Travel from Baltic Street Adventure Playground to Hotel

3.00 – 4.30pm Charter bus (1.30hrs)

Baltic Street Adventure Playground
427 Baltic Street,
Dalmarnock,
Glasgow,
G40-3EU

4.30 – 5.00pm Group Discussion/Reflection (Across the road from hotel)

Omni Centre,
Greenside Place,
Edinburgh,
EH1 3AA

Wednesday 6 March 2019

Travel from hotel to Gorgie City Farm (30 minutes)

Gorgie City Farm
51 Gorgie Rd,
Edinburgh
EH11 2LA

Walk from hotel to Elm Row bus stop EA (3 minutes)
Take bus 25 to Georgie City Farm (24 minutes). Buses arrive every 10 minutes.

[Map from hotel to Gorgie City Farm](#)

Morning study visit 1 Gorgie City Farm (9.30am-11.00am):

9.30-11am: Integrating the Curriculum for Excellence into outdoor learning for early learners

Elspeth Mackay, Education Worker,
Georgie City Farm

Travel from Georgie City Farm to Children in Scotland office (15 minutes)

Children in Scotland
Level 1, Rosebery House
9 Haymarket Terrace
Edinburgh EH12 5EZ

Option 1 – Walk (15 minutes)

Option 2 – Take buses 2, 3, 23, 25, 33 from Gorgie City Farm bus stop to Haymarket bus stop, (4 minutes). Buses arrive every 10 minutes.

[Map from Gorgie City Farm to Children in Scotland office](#)

Morning study visit 2 Children in Scotland (11.15am-12.15pm):

11.15 – 12.15pm: Participation and engagement of children, young people and their families.

Jane Miller, Policy and Participation Officer, Children in Scotland.

12.15 - 12.45 lunch

Afternoon study visit 1: Forestry Commission Scotland

12.45 – 1.45pm: Engaging early learners with environmental sustainability and outdoor learning

Sally York, Education Policy Advisor,
Forestry Commission Scotland

Travel from Children in Scotland to The Yard (35 minutes)

The Yard
22 Eyre Place Lane
Edinburgh
EH3 5EH

1.45 – 2.30

Take the tram from Haymarket stop to St Andrews Square stop (10 minutes). Walk north on St Andrew St, turn left onto Dublin St, turn right on Drummond Place, turn right on Scotland St, turn right on Royal Cres, walk across King George park. Turn right onto Eyre Place and then right Eyre Place Lane (14 minute walk).

[Map from Children in Scotland to The Yard](#)

Afternoon study visit 2 (2.30-3.30pm): The Yard

2.30 - 3.30pm: Activity-based play for disabled children and young people

Rachel Mathers, Head of
Operations, The Yard Edinburgh

Travel from Site visit to The Yard to Omni Centre: (30 minute journey)

3.30 – 4.00pm

Omni Centre,
Greenside Place,
Edinburgh,
EH1 3AA

Walk from The Yard to Canon Mills Bus stop (3 minutes), Take bus 8 and alight at Leith Street (7 minutes). Walk to Omni Centre (3 minutes)
[Map from The Yard to Omni Centre](#)

4.00 – 5.00pm Group Discussion/Reflection (Across the road from hotel)

Omni Centre,
Greenside Place,
Edinburgh,
EH1 3AA

Overview of organisations

Children in Scotland

Giving all children in Scotland an equal chance to flourish is at the heart of everything Children in Scotland does.

By bringing together a network of people working with and for children, alongside children and young people themselves, they offer a broad, balanced and independent voice. They create solutions, provide support and develop positive change across all areas affecting children in Scotland.

Children in Scotland do this by listening, gathering evidence, and applying and sharing our learning, while always working to uphold children's rights. Their range of knowledge and expertise means they can provide trusted support on issues as diverse as the people we work with and the varied lives of children and families in Scotland.

Further information: www.childreninscotland.org.uk

GIRFEC

GIRFEC is the national approach in Scotland to improving outcomes and supporting the wellbeing of our children and young people by offering the right help at the right time from the right people. It supports them and their parent(s) to work in partnership with the services that can help them.

It puts the the rights and wellbeing of children and young people at the heart of the services that support them – such as early years services, schools, and the NHS – to ensure that everyone works together to improve outcomes for a child or young person.

Further information: www.gov.scot/policies/girfec

Parenting Across Scotland

Parenting across Scotland is a partnership of charities which offers support to children and families in Scotland. Parenting across Scotland provides support for parents and families through their information service and partners' helplines. They find out what matters to parents and families and what they need, and get this across to politicians. They also share research, policy and good practice with people who work with families.

Further information: www.parentingacrossscotland.org

Starcatchers

Starcatchers is Scotland's National Arts and Early Years organisation specialising in creating performances and exploring creative activity for babies, toddlers and young children aged 0-5 and the adults who care for them.

Starcatchers believes in the transformational power of the arts to inspire Scotland's youngest children and the people who care for them through creativity, performances and engagement projects.

What began as an experiment in October 2006 exploring performances for babies aged 0-3 (a previously un-catered for audience), has gone through many different

phases to emerge as an organisation that works in communities across Scotland using the arts to transform and enrich the lives of Scotland's under 5s.

Its vision is delivered through three pillars of activity all rooted in creativity, designed to connect with babies, toddlers, young children, parents, carers and Early Years practitioners in communities across Scotland.

Further information: www.starcatchers.org.uk

Scottish Book Trust – Bookbug Programme

Scottish Book Trust (SBT) is a national charity that believes books, reading and writing have the power to change lives, and constitutes one of the most effective ways to help children escape the poverty cycle. Through its Bookbug programme, SBT supports families so that from birth, stories and songs are used to build attachment, support speech and language development and lay the foundations of literacy. This is the first step in helping every child in Scotland to develop a love of books and reading.

Further information: www.scottishbooktrust.com/bookbug

Visits to shared early and primary years campuses

It is common in Scotland for early years learning and childcare settings to share a campus with their follow-on primary schools. Children in Scotland has excellent links with several shared campuses across Edinburgh and the neighbouring regions, and is therefore well placed to organise visits to shared campuses within this study visit programme, in order to provide positive environments for learning in which staff work together to ensure that young people make successful transitions between the different stages in their education.

Baltic Street Adventure Playground

Baltic Street Adventure Playground is a supervised adventure playground that exists to provide and sustain an environment in which children are supported and enabled to act on their right to play. It aims to address the whole child as a part of the community they are growing up in, and actively support and nurture physical as well as social, emotional and developmental well-being. The Baltic Street Adventure Playground is child-led. The children choose what to do and can get involved in everything from the day-to-day management to the development of the site. Specially trained play workers keep children safe, cook food on the campfire and support them to pursue their own play, from make-believe to construction projects.

Further information: <http://www.balticstreetadventureplay.co.uk/>

Gorgie City Farm

Gorgie City Farm is a small farm 2 miles from the city centre that provides the local community and visitors with a green space to get in touch with nature. This much loved farm provides educational tours and activities where visitors can explore the education garden, herb and sensory garden, farm animals and visiting wildlife. Sustainability and community mindedness are strongly promoted on the farm by the knowledgeable staff and a large group of passionate volunteers, and through their delivery of a robust education programme.

Further information: <https://www.gorgiecityfarm.org.uk/>

Forestry Commission Scotland

The Forestry Commission Scotland provides educational resources and programmes that supports forest pedagogics, forest kindergartens, the Curriculum for Excellence and Learning for Sustainability. The Forestry Commission Scotland has education advisors that share their knowledge internationally to raise awareness of how outdoor learning contributes to good health and wellbeing, and raises awareness of issues like climate change and sustainable development.

Further information: <https://scotland.forestry.gov.uk/>

Learning for Sustainability

Learning for sustainability (LfS) is an approach to life and learning which enables learners, educators, schools and their wider communities to build a socially-just, sustainable and equitable society. An effective whole school and community approach to LfS weaves together global citizenship, sustainable development education and outdoor learning to create coherent, rewarding and transformative learning experiences.

LfS is an entitlement for all learners within Curriculum for Excellence. LfS is embedded within the General Teaching Council of Scotland Professional Standards for practitioners and permeates How good is our school? [Fourth edition]. The United Nations Sustainable Development Goals are central to Scotland's national vision and are at the heart of the Scottish Government's National Performance Framework.

Further information: [Learning for Sustainability](#)

The Yard Edinburgh

The Yard is an award-winning charity running adventure play services for disabled children, young people and their families in the east of Scotland. They offer disabled children and their siblings the chance to experience creative, adventurous indoor and outdoor play in a well-supported environment. They follow a holistic approach and ethos of child-centred and child-led play service.

The Yard's purpose is to provide care, support and opportunities for fun and friendship for disabled children and young people. They also encourage families to let go, promoting challenge, personal growth and supported independence for their children.

The Yard is as much about emotional as practical support for families. Besides offering informal respite, meeting other parents who face similar challenges gives them the chance to build a network of support and understanding that helps ease the difficulties they often face.

Further information: <https://www.theyardscotland.org.uk/>