WRITTEN by A. Bogie Illustrated by Davie Sullion

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Copyright © Children in Scotland. Published 2019 ISBN: 978-1-901589-93-1 Written by A. Bogie and illustrated by Dave Sutton Artwork by Silent Deer www.silentdeer.com



This book has been produced, with funding from the Scottish Government, to support the implementation of Getting it right for every child (GIRFEC) within schools.

It has been designed to help educators, parents and carers discuss concepts of wellbeing with young children aged around 3-6 years. The story encourages an exploration of who young children can turn to in their lives for help.

The book can be read as a stand-alone story and there are some ideas for discussions and activities to do with the story on the last page.

The book also forms part of a wider resource for teachers and practitioners to help improve children and young people's understanding of their wellbeing. Additional activities to accompany the book are included. The resource can be found on www.childreninscotland.org.uk



Bud was bouncing up and down, Pulling faces like a clown.

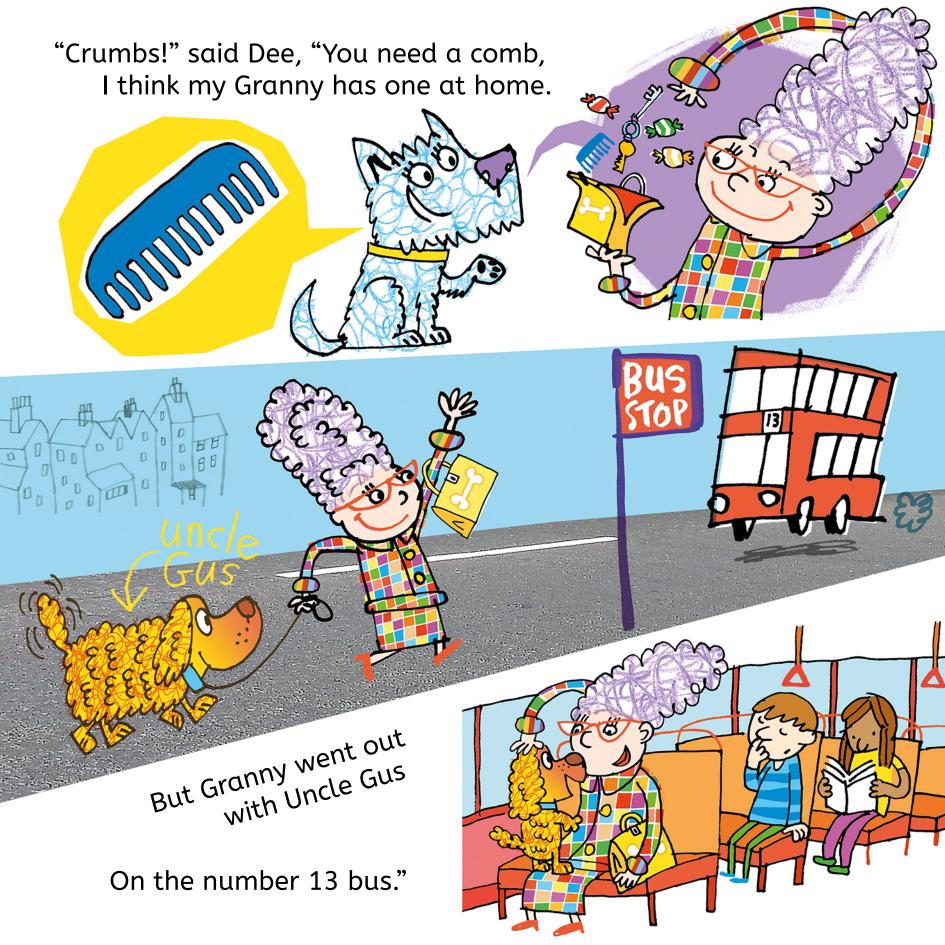
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"What are you doing?" asked little Dee, "You're acting like you've found a fl^ea!"







It's not safe to go on our own..." "Fine," snapped Bud, "I'll go alone!"

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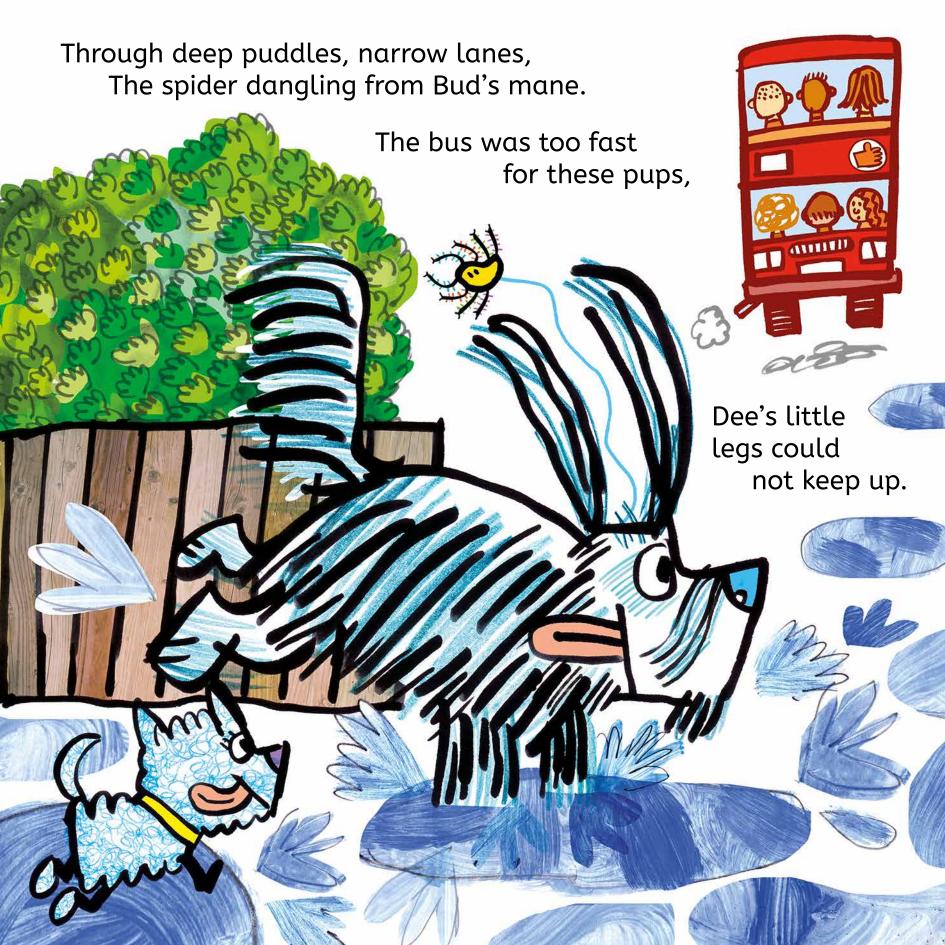
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"Wait!" Dee yapped, "I'll come too, But it's a bad idea... I'm warning you!"

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(11 111 п 0 日 DD 111 1111 11110 111 Bud lay in a muddy heap, Looking like a friz^Zy sheep. Dee looked around, with a frown, She didn't know this part of town. 0

"Where are we, Bud?" Dee gave a yelp, "I don't know who to ask for help.

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We're lost, I'm scared... what a fuss, We **never** should have chased that bus!"

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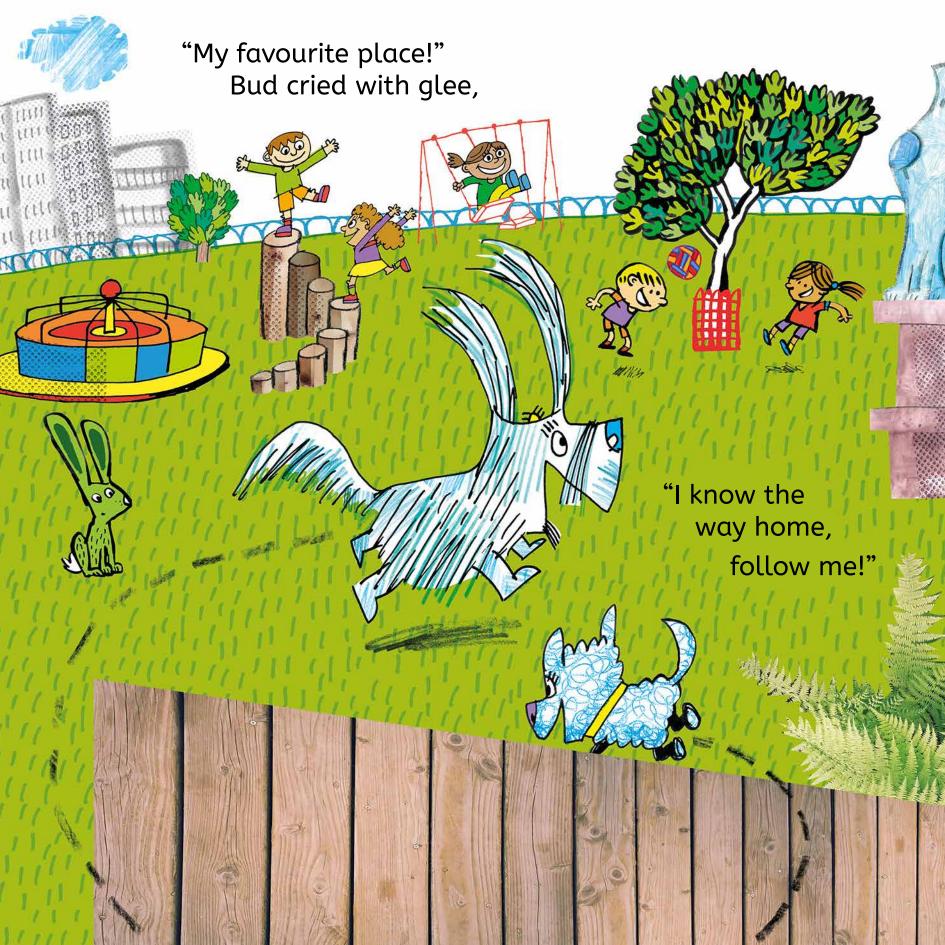
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And as he did, he saw the park.







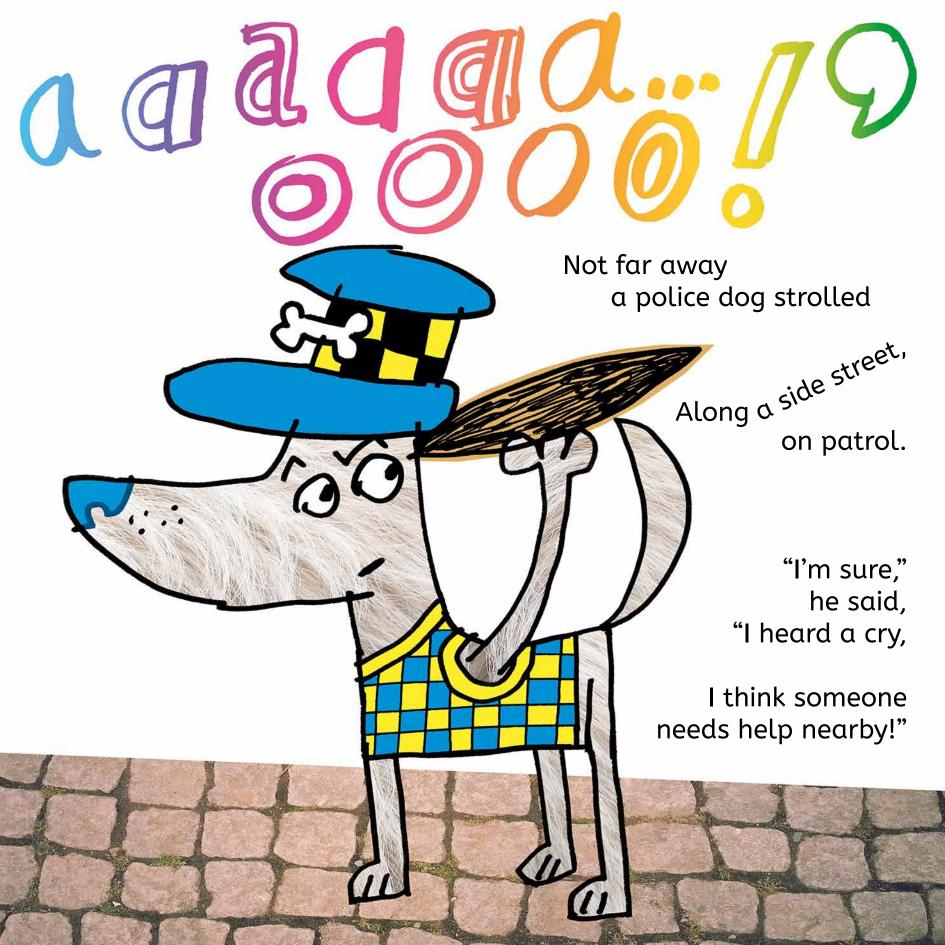
"Ahhh!" Bud yelled, falling over the edge, Landing headfirst in a spiky hedge.



Your hair is getting really mangled, How did you get so very tangled?

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The only thing that's left to do, Is call for help, let's howl:

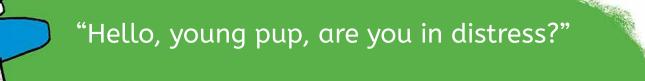




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He tracked a scent and sniffed like mad

Until he found Dee, looking sad.



"Yes," whimpered Dee, "we're in a mess!"

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Spotting Bud, the police dog laughed, "I see that now, he does look daft!"





Then the spider, **and the spider**, who'd enjoyed his day,

6.5

a

'bye

take

stay

Waved at Bud and crawled away.

The police dog barked: "Come on, pups, Let's get you home and clean you up. The sun's going down, it's nearly dark. You shouldn't be alone in the park."



5-3

When Granny saw Dee, she hugged her tight,

"You're safe!" she cried, "You gave me a fright!"



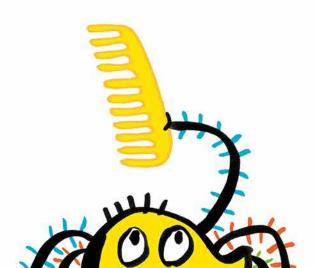
"Say thank you to the police dog then, And promise you'll never run off again!

> Let's go inside, you need a comb..."

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Before you read this book to a child, or children, look at the front cover and talk about what they think the book is about.

What are their favourite pictures in the book?

• Talk about why they like them.

Do they think Bud was sensible to run off looking for a comb?

- Talk about what it means to be sensible.
- Can they think of a time they were sensible?
- Ask them to talk about it.

• Discuss why they should not go anywhere without their parent, person caring for them or teacher knowing.

Talk about why they think Dee decided to go with Bud even though she did not think it was a good idea.

Ask how they think Bud and Dee were feeling when they realised they were lost?

• Ask them if they have they ever got lost? What happened?

Discuss who they think are the best people to ask for help.

• Help them recognise who they could ask for help by pointing them out when you are out in your community.

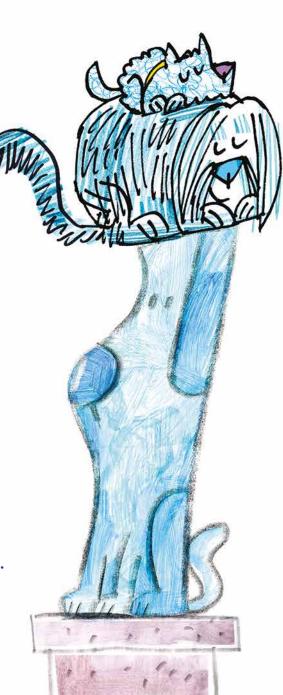
Show them safe places to cross roads.

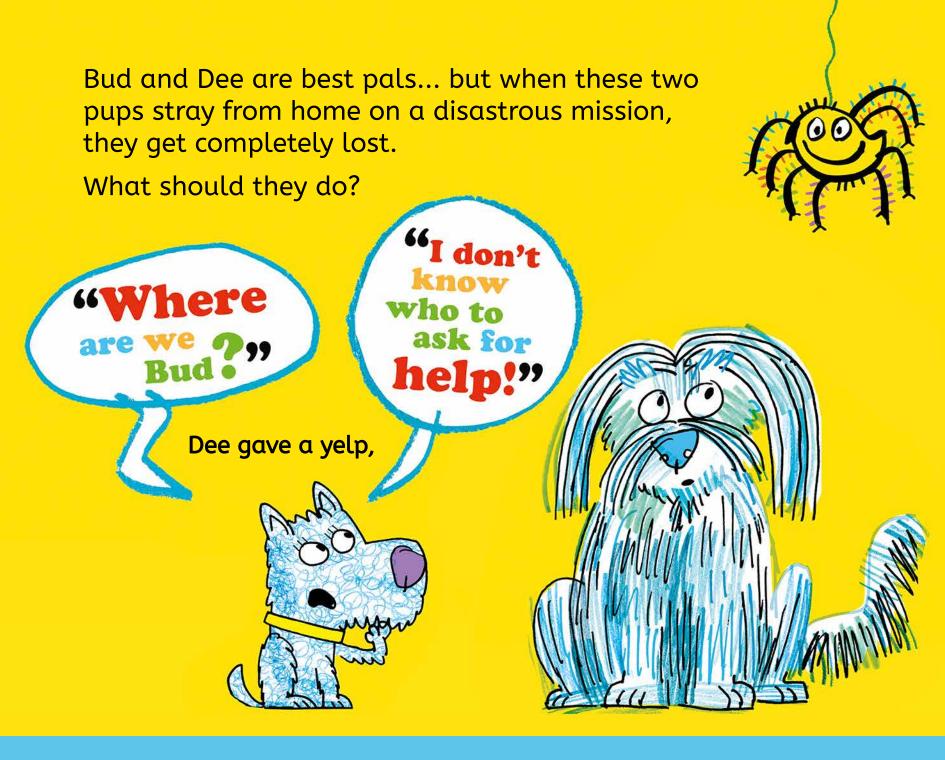
• Practise 'Stop, Look and Listen'.

• Look at the early years section of Road Safety Scotland for stories, games and videos: www.gosafewithziggy.com

Ask them to draw a picture of their favourite part of the book.

• Talk to them about their picture.





This book will help parents, carers and educators explore with young children who they can turn to for help.