

## Welcome

Welcome to Issue 2 of the newsletter, which offers a round-up of the latest information and resources available on Self-directed Support as it relates to children, young people and families.

## Scottish Government Statutory Guidance and Regulations

The Scottish Government consulted on this in the summer and published analysis of the responses received.

Some of the main findings include:

- There should be a greater focus throughout the guidance on children's services, within the context of GIRFEC, which would aid with the transition to adult services
- There are concerns over the timescale for implementation of SDS, the resources that will be needed and training to support this; also concerns over the new role and responsibilities of the service user.
- There were queries about who the audience for this guidance was, with different assumptions about whether it was purely for professionals or a wider audience.
- In relation to the draft guidance there were concerns about consistency across Scotland in terms of staff training, eligibility criteria, financial allocation and access to services.

The analysis of consultation responses can be found at: <http://www.scotland.gov.uk/Publications/2013/11/3923>

and the Scottish Government response can be found at: <http://www.scotland.gov.uk/Publications/2013/12/4240/0>

Children in Scotland's response to the consultation can be found at: <http://www.childreninscotland.org.uk/docs/SDSguidanceCiS.pdf>

## Protection of Vulnerable Groups

One issue raised by some respondents to the initial guidance was concerns over the lack of requirements in the Act for ensuring personal assistants are members of the PVG scheme. This issue was also raised by a number of Children in Scotland's members and we hosted a meeting to discuss this. The key concern was ensuring a careful balance between risk and freedom of choice and a proportional response to any potential problems. The meeting was attended by a representative from the Scottish Government and a note of the meeting made available to the team working on the guidance.

The **final version of the guidance** was published on 1st April when the Social Care (Self-directed Support) (Scotland) Act came into force and can be found at:

<http://www.scotland.gov.uk/Publications/2014/04/5438>

## Self-directed Support Guides

Also published on 1 April were three new guides on Self-directed Support. One is for users, one for carers and another for practitioners. These are available as apps and pdfs.

<http://guidance.selfdirectedsupportscotland.org.uk>

The Government also published a handbook for employing Personal Assistants. <http://www.scotland.gov.uk/Publications/2014/04/4710>

## Scottish Government funded Children and Young People Self-directed Support work

Do you know about all the different Self-directed Support pieces of work which focus on children and young people? Children in Scotland is only one of many organisations carrying out Scottish Government funded work. Details of these projects are below.

## Aberlour

### What we do:

Supporting children to have the best possible start in life is at the heart of everything we do. We think life is for living and are committed to outcome-focused and individually designed support packages so children can live the life they want to. Our outcomes framework represents the journey that our services take with the child, young person, parents, carers and families we work with.

### How we can help:

- Providing a range of outcome focused support services and short breaks for children and families across Scotland
- Providing information and support to children and families about Self-Directed Support
- Self-Directed Support A Guide for Children and Families available in print or PDF (2014) [http://www.aberlour.org.uk/assets/0001/1890/04410\\_Aberlour\\_A4\\_SDS\\_Childrens\\_and\\_Families\\_v8\\_FINAL.pdf](http://www.aberlour.org.uk/assets/0001/1890/04410_Aberlour_A4_SDS_Childrens_and_Families_v8_FINAL.pdf)
- It's all about you Self-Directed Support, a guide for a child available in print or PDF (2014) [http://www.aberlour.org.uk/assets/0001/1891/04273\\_Aberlour\\_A5\\_SDS\\_Child\\_Young\\_People\\_v6\\_FINAL.pdf](http://www.aberlour.org.uk/assets/0001/1891/04273_Aberlour_A5_SDS_Child_Young_People_v6_FINAL.pdf)
- We think SDS pilots can be a great way of supporting children and families to try and experience Self-Directed Support in creative ways and welcome any discussion around how we can support and or/coproduce new opportunities.
- Sharing what we are learning as an organisation about change and transformation regarding Self-Directed Support.

### Further information:

E - [sds@aberlour.org.uk](mailto:sds@aberlour.org.uk)  
W - [www.aberlour.org.uk](http://www.aberlour.org.uk)

## Health and Social Care Alliance Scotland – Creating the Connections

### What we do:

Creating the Connections accompanies the Changing Support Changing Lives consortium, aiming to build the capacity of providers to deliver self-directed support. Our remit is to facilitate a discussion between health and social care to increase the delivery of joined up support. Within the landscape of the Public Bodies (Joint Working) (Scotland) Bill, Creating the Connections aims to influence the integration of self-directed support within an integrated system to pursue a person centred health and social care approach for all children and adults.

### How we can help:

The ALLIANCE offers its members regular policy updates on policy issues which most affect people with long term conditions and provides professionals and people with lived experience with a forum to discuss the key issues impacting upon them. The ALLIANCE can offer specific tailored information and advice, facilitate events and discussions and be a conduit to Scottish Government on the major themes in the current landscape of self-directed support for children.

### Further information:

<http://www.alliance-scotland.org.uk/whatwe-do/policy-and-campaigns/current-work/self-directed-support/>

## ARC Scotland – Scottish Transitions Forum

### What we do:

The Scottish Transitions Forum is a free umbrella cross sector membership forum (including health, education statutory and third sector organisations) that explores the area of transitions between services (primarily leaving school into adult life and moving from children's to adult services). The focus is on how Personalised outcomes can be embedded into cross sector services to provide more positive outcomes for all those involved in the transitions process.

### How we can help:

- We can help support the practice of those involved in

transitions to encompass a SDS/ outcome multidisciplinary led approach.

- Providing evidence in the form of the Principles of Good Transitions Practice document to policy, legislative, government strategies and work forces to improve joined up outcome led work.
- To support SDS led initiatives that seek to tackle poor transition. This is done through member led forums around different topics and SDS throughout the year.

### Further information:

[www.scottishtransitions.org.uk](http://www.scottishtransitions.org.uk)

## Barnardo's Scotland

### What we do:

The main focus of the project is to support the transition from traditional planning and delivery of support services, to a model that is responsive to the personalisation agenda and SDS funding options, whilst retaining a focus on safeguarding.

### The project aims to:

- Explore potential partnership, brokerage and agency models of hybrid (mixture) support packages.
- Develop a Barnardo's Scotland National Disability Strategy which accounts for personalisation and SDS.
- Build capacity regarding SDS and personalization within Barnardo's Scotland, through managers, staff and volunteers.

### How we can help:

- Provide information and support on the personalisation agenda, SDS and implementation requirements to families and local voluntary organisations.
- Provide information and support to local voluntary organisations and Barnardo's managers to design, pilot and review new personalised service developments.
- Provide support to local authorities in Edinburgh and the Lothians, on the implementation and piloting of SDS.

### Main Contact:

Isobel Denholm (Self-directed Support Development Manager) 07795635107 or via email [Isobel.denholm@barnardos.org.uk](mailto:Isobel.denholm@barnardos.org.uk)

## Children in Scotland

### What we do:

Children in Scotland is the national agency for voluntary, statutory and professional organisations and individuals working with children and their families in Scotland. From 2013-15 we will be developing recommendations for the future delivery of independent advice and support on SDS.

### How we can help:

We will be consulting and engaging with children, young people, families and professionals to shape these recommendations and undertaking awareness raising work with our membership.

### Further Information:

Please contact [scollier@childreninscotland.org.uk](mailto:scollier@childreninscotland.org.uk) if you would like to be involved in this work, receive further information and be added to our newsletter.

## Discoveries

A consortium of ARK Housing Association, Edinburgh Development Group, Thistle Foundation, Kindred and The Action Group.

### What we do:

- ASK people how they could have greater choice and control.
- LISTEN to individuals' hopes and dreams for their lives.
- LEARN how to best find out what people want and need from Self-directed Support.
- SHARE what we learn and our models of best practice.

### How we can help:

Brokerage services, innovative person centred planning tools, peer support and information groups for parents, Advocacy services.

## Further Information:

Contact Tel: 0131 475 2315

Email: Discoveries@actiongroup.org.uk

## Sign up our newsletter:

<http://eepurl.com/vdF0D>

## East Renfrewshire Council

### What we do:

We explore how the provision of information and support might enable families of children with Additional Support Needs under the age of 8 to increase their opportunities for genuine choice and control.

The project aims to work with up to 20 families of children with a variety of Additional Support Needs. We aim to support families to think about, plan and be in control of preventative creative ways to meet current needs and work towards future outcomes. The project aims to build local capacity to work with these families more effectively in the early years through a local Learning Together Network.

### How we can help:

- Family Centred Planning;
- Information about personalised or family centred support;
- Information about SDS and local resources;
- Local Area Co-ordination service.

### Contact us here:

[www.whatsoneastrenfrewshire.co.uk/listings/eastrenfrewshire-local-area-coordination-team/](http://www.whatsoneastrenfrewshire.co.uk/listings/eastrenfrewshire-local-area-coordination-team/)  
[www.sdsforumer.org](http://www.sdsforumer.org)

## Inclusion

### What we do:

Our project provides information on the 4 options of SDS, explains the options and gives practical guidance to children & families/ young adults pre & post transition.

### How we can help:

Through 1:1 meetings; group sessions; training and support planning to assist informed decision making

### Further information:

Inclusion; 813 South Street; Glasgow G14 0BX;  
Contacts; Mags Park, Jaynie Mitchell 0141 950 4910

email: [mpark@inclusion-glasgow.org.uk](mailto:mpark@inclusion-glasgow.org.uk) or  
[jaynie@inspiringinclusion.com](mailto:jaynie@inspiringinclusion.com)

## Incontrol Scotland

### What we do:

In Control Scotland is a national charity established to promote and support the development of a sustainable system of self-directed support that works for people. This includes developing approaches and practice that enable children, young people and families to be in control and direct their own support and services in the way that makes sense to them. We work cooperatively alongside local authorities, provider organisations, people who use social care services and their families.

### How we can help:

- Initiate and support demonstration work with children, young people and families as a way testing out self-directed support. We have done this in a number of local authorities under the heading Taking the first Steps.
- Provide training, experience and resources to develop the key components of self-directed support in area, including support planning and resource allocation
- Work with organisations to help them plan and be ready for successful implementation.
- Share learning and experience and create links between organisations.

### Further information:

Website: [www.in-controlscotland.org](http://www.in-controlscotland.org);  
E-mail: [info@in-controlscotland.org.uk](mailto:info@in-controlscotland.org.uk)

## Lothian Centre for Inclusive Living

### What we do:

Lothian Centre for Inclusive Living (LCiL) is a user led organisation which supports disabled people with long-term conditions, families and older people, to live independently in their communities. We work across Edinburgh and the Lothians to develop and promote tailored support systems and best practice. We have over 21 years experience in social care, including the use of direct payments and using an outcomes approach.

### How we can help:

- Providing SDS information at a national policy level and to the Lothian local authorities.
- Working with organisations to increase choice and flexibility for families.
- Facilitating consultation and participation of families into the SDS agenda
- Organising people with experience of using more flexible approaches to support and care, to share their knowledge and experience to other parents, organisations and groups.
- Sharing learning, developments and emerging issues.

### Further information:

[www.lothiancil.org.uk](http://www.lothiancil.org.uk)

## Providers and Personalisation (P&P) (Hosted by CCPS)

### What we do:

The CCPS programme covers both children's and adult's care and support providers. P&P outcomes are:

- Providers have a stronger voice in Self-Directed Support policy development and implementation. Providers have the systems,
- Skills and information needed to deliver more personalised services; this leads to increased choice and control for people receiving care and support.

### How we can help:

- Run regular policy and practice exchange events aimed at building the knowledge, skills and resources of

providers on systems change, culture shift, and service redesign for SDS.

- Runs specific events aimed at children's support providers. P&P runs a Personalisation Leads network group.
- Represents the views of voluntary sector care and support providers on Scottish Government policy groups.
- Is working with Scottish Government to improve commissioning of support services for SDS including children's services

#### Further information:

<http://www.cpcscotland.org/providers-and-personalisation>

If you are doing any Self-directed Support work concerning children and young people that isn't mentioned let us know! These projects regularly meet together to support each other and work together. Contact [scollier@childreninscotland.org.uk](mailto:scollier@childreninscotland.org.uk) 0131 222 2412.

## Pick and Mix

IRISS Pilotlight have been developing the Pick and Mix concept as a way of explaining Self-directed Support to users. You can view a short video here:

<http://pilotlight.iriss.org.uk/self-directed-support>

Further pick n mix resources may be produced in future, and Children in Scotland are using the concept in our discussions with parents and family members.

The home page for this work can be found here:  
<http://www.iriss.org.uk/news/pilotlight-resources-designing-pathways-self-directed-support>

## Children in Scotland update

We published a report on our early activity on this project which involved mapping current work and literature on information provision.

You can read this report here:

<http://www.childreninscotland.org.uk/docs/SDSStage1ReportFINAL.pdf>

## Engagement with children, young people, families and professionals

We are now looking to speak with children, young people, families and professionals across Scotland on their preferences for receiving independent information and support around SDS. We will be doing this by different means, including focus groups and roundtable discussions.

If you have an existing group or network who might be interested in contributing – or would like to work in partnership please let us know.

[scollier@childreninscotland.org.uk](mailto:scollier@childreninscotland.org.uk) 0131 222 2412.

## Model SHANARRI Resource Allocation System

Incontrol Scotland have produced information and guidance to develop a resource allocation system for children, young people and families in Scotland, based on all children achieving the SHANARRI wellbeing indicators.

The pdf can be found here:

[http://in-controlscotland.org/?attachment\\_id=1786](http://in-controlscotland.org/?attachment_id=1786)

and the word copy here:

[http://in-controlscotland.org/?attachment\\_id=1787](http://in-controlscotland.org/?attachment_id=1787)

## Social Media

There are lots of ways to keep up to date with all the latest goings on in the world of Self-directed Support at both local and national level. Here are just a few:

### Twitter

@cisweb – Children in Scotland

@slselfdirect – South Lanarkshire Self-Directed Support Network

@sds\_4u - the self directed support team for Highland

@SG\_SDSPolicy – Scottish Government SDS policy team

@SDSScot – Self-directed Support Scotland

### LinkedIn

There is a group called 'Self Directed Support in Scotland' which you might wish to join.