

## Early years



CONFERENCE



SEMINAR

TRAINING  
WORKSHOP

Our early years training is aimed at those working with children aged 0-7. This season's programme provides opportunities to connect with renowned experts including Dr Suzanne Zeedyk and Stella Louis. We also have a seminar focusing on gender in the early and primary years.

### Learning through play the Froebel way

**Date:** Friday, 16 November 2018 (Edinburgh)  
Friday, 22 February 2019 (Edinburgh)  
Friday, 26 April 2019 (Edinburgh)  
**Trainer:** Cowgate Under 5s Centre  
**Cost:** from £79



Pioneer Friedrich Froebel's theory that "play is the highest expression of childhood development; it alone is the free expression of a child's soul" has been applied within early years establishments across the globe.

This workshop with the acclaimed Cowgate Under 5s Centre in Edinburgh explores practical ways to put Froebel's theories into action in your own setting.

#### Key learning:

Practical ways to meet children's needs in the following areas identified by Froebel:

- Physical activity and sensory awareness
- Creative expression and exploration of ideas
- The experience of living among others.

### How ACEs impact on the attachment system: a residential with Suzanne Zeedyk

**Date:** Friday 22 to Sunday 24 March 2019  
**Trainer:** Dr Suzanne Zeedyk  
**Cost:** from £395



Early emotional experiences leave physiological imprints on our brains and bodies which alter the way we understand ourselves and our professional responsibilities to children. This residential course with renowned expert Dr Suzanne Zeedyk will take an in-depth look at attachment, and how adverse childhood experiences (ACEs) can have a profound effect on the attachment system in the children we support.

#### Key learning:

- Observations and key scientific insights into the human drive for relationships
- Attachment and emotional boundaries
- The biological effects of ACEs
- Rupture and repair as the foundation for resilience.

### NEW Supporting parents in the early years

**Date:** Thursday, 25 October 2018 (Edinburgh)  
**Trainer:** Jan Montgomery  
**Cost:** from £79



This training workshop will look at challenging behaviours in the early years, with a focus on the impact of adult behaviour on young children. It will consider practical examples to observe different behaviours and responses to behaviour. As a carer or practitioner, it will also reflect on how your own adult behaviour can enable a young child to build a resilient brain.

#### Key learning:

- Understanding challenging behaviour and its impact
- What neurosciences and attachment theory tell us about behaviour
- The impact of adult behaviour on children
- Strategies to change behaviour and build resilience.

### Attachment-led early years practice: a seminar with Suzanne Zeedyk

**Date:** Friday 22 February 2019 (Glasgow)  
**Trainer:** Dr Suzanne Zeedyk  
**Cost:** from £89



In our society, caring for children usually includes a large component of professional input. We use the language of 'services' to describe that input. Yet science tells us that children aren't looking for services. They want relationships and emotional connection with others, especially with the adults who are significant in their lives, at home, with friends or within childcare settings.

#### Key learning:

- Observations and key scientific insights into the human drive for relationships
- How professional services are currently conceived, designed and delivered
- Identifying gaps between children's services and children's needs, and finding ways of closing those gaps.

## Delivering better environments and learning for two-year-olds

**Date:** Wednesday, 3 October 2018 (Edinburgh)  
**Trainer:** Jane Brumpton and Marie McQuade,  
 Early Years Scotland  
**Cost:** from £79

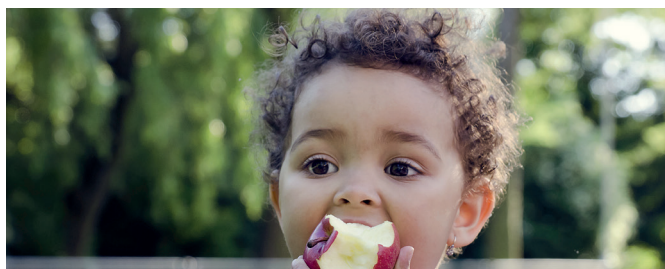


Funded early learning and childcare was extended to some two-year-olds in 2015. Although children develop at different rates, the overall developmental changes between the ages of two and three can be enormous.

This course focuses on ensuring that your setting can meet the specific learning and development needs of two-year-olds and continue to deliver quality early learning and childcare for every child.

### Key learning:

- Planning and managing positive transitions
- Creating effective environments for two-year-olds, exploring both mixed age and dedicated spaces
- Understanding schemas and behaviour to support and enrich learning and development.



## Foundations of literacy: a seminar with Sue Palmer

**Date:** Friday, 12 October 2018 (Edinburgh)  
 Tuesday, 2 April 2019 (Edinburgh)  
**Trainer:** Sue Palmer  
**Cost:** from £89



To become committed readers and writers, children need the right support during their early years to develop the abilities that underpin literacy acquisition.

This seminar draws on research in speech and language therapy, developmental psychology, literacy, music, storytelling, physical development and play, to explore 'literacy readiness' between the ages of 3 and 7.

### Key learning:

- Supporting children's language development, including listening skills in a visual child
- Integrating music, movement, stories and songs into daily practice to support literacy
- Developing children's concepts about print and building phonic knowledge
- The relationship between mark-making, emergent writing and explicit teaching.

## Schemas and the characteristics of effective learning: with Stella Louis

**Date:** Friday 30 November 2018 (Glasgow)  
**Trainer:** Stella Louis  
**Cost:** from £89



Schemas are patterns of repeated behaviour that allow children to explore and express developing ideas and thoughts through play and exploration. They are essential for children's development.

In this seminar you will learn how to facilitate schematic exploration so that children become engaged and sustained in their self-chosen activities.

### Key learning:

- The links between schemas and effective learning
- How children use play as a starting point to extend their schematic explorations
- Supporting children to explore and represent their symbolic ideas, thoughts and actions through use of each of the various senses.

## NEW Equality in early primary settings

**Date:** Wednesday, 6 February 2019 (Edinburgh)  
**Trainer:** Zero Tolerance  
**Cost:** FREE for members; £60 for non-members



There is mounting evidence demonstrating that gender inequality and stereotyping underpin the attitudes which normalise violence, as well as producing other negative consequences.

This session, based on research compiling the views of teachers, parents and early primary school children, will consider how we as practitioners can work together to actively promote inclusiveness for all, challenge unhelpful gender stereotypes and encourage healthy relationships at all ages – including among nursery and early primary-aged children.

### Key learning:

- Understanding the research background and work currently being carried out with children aged 5-8 on encouraging healthy relationships
- Exploring current resources available to teachers, parents and practitioners to foster enabling environments free from gender stereotypes
- Recommendations to put in place in your own setting to promote inclusiveness.

## Understanding gender in the early and primary years: practical implications

**Date:** Wednesday, 5 December 2018 (Edinburgh)  
**Trainer:** Sarah Goldsmith  
**Cost:** from £79



Drawing on Sarah's doctoral research, which explored primary school children's knowledge and understanding of toys and gender in playwork settings, this training workshop will discuss some of the initial findings and explore the practical implications for practitioners.

### Key learning

- Consider different understandings and constructions of gender
- Explore some of the emerging findings from research
- Look at how the findings could impact on your practice.

## Child-centred early years planning, provision and practice

**Date:** Tuesday, 29 January 2018 (Edinburgh)  
**Trainer:** Suzanne Zeedyk  
**Cost:** from £89



This full-day seminar, run in partnership with the Association of Directors of Education in Scotland (ADES), provides an opportunity for leaders in education, learning and childcare to work together to explore the opportunities and challenges presented by the plan to increase early learning and childcare entitlement by 2020.

### Key learning:

- Prioritising child wellbeing while managing logistical constraints
- Achieving more with what we have
- Sharing and building on existing plans for the expansion
- Identifying ways in which to work together towards 2020



## Supporting services to learn, improve and innovate

[www.careinspectorate.com](http://www.careinspectorate.com) [hub.careinspectorate.com](http://hub.careinspectorate.com)

### Good practice resources:



### Sector information:



### Free online professional development for childminders:



[childminding.journey.scot](http://childminding.journey.scot)

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